




**EOTR Friendship Café/Kenilworth**  
**4321 Ord ST NE, Washington, DC 20019**  
**Recreation Coordinator Rickya Dodson 301- 909-2834**

**December Activity Calendar 2025**



	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1.</b> 10am-Heath promotion 11am- Open Discussion <b>12pm- Lunch/Nutrition Ed w/ Ms Minor</b> 1pm- Bean	<b>2.</b> 10am-Heath promotion 11am- Fitness chair aerobics 12pm-Lunch 1pm Movie/ Popcorn	<b>3. Decorate the Room/ Tree</b> 10am-Heath promotion <b>10:30am-Picture This w/Arts for the Aging</b> 12pm-Lunch 1pm- Cards/ Open Games	<b>4.</b> 10am-Heath promotion <b>11:30am-Fitness w/Rodney</b> 12pm-Lunch 1pm- Open Games	<b>5.</b> 10am-Heath promotion 11 am- Cards 12pm-Lunch 1pm- Chair Exercises
	<b>8.</b> 10am-Heath promotion 11am-Chair Exercises 12pm-Lunch 1pm- Cards/ Open Games	<b>9. Arts and Crafts</b> 10am-Heath promotion 11am- Cards 12pm-Lunch 1pm- Floor Games	<b>10.</b> 10am-Heath promotion <b>10:30am-Picture This w/Arts for the Aging</b> 12pm-Lunch 1pm- Popcorn/ Open Discussion	<b>11. Great Big Game Show</b> <b>10am to 1:30pm</b> <b>3325 M St NW</b> 10am-Heath promotion <b>11:30am-Fitness w/Rodney</b> 12pm-Lunch 1pm- Open Games	<b>12. Ice Cream Social</b> 10am-Heath promotion 11am-Open Games 12pm-Lunch 1pm- Cards/ Open Games
	<b>15. Hanukkah</b> 10am-Heath promotion 11 am- Open Discussion <b>12pm- Lunch/Nutrition Ed w/ Ms Minor</b> 1pm- Bingo	<b>16.</b> 10am-Heath promotion <b>11am- Santa Clause go to the Ghetto Musical w/ Julia's Heart</b> 12pm-Lunch 1pm- Popcorn/ Open Discussion	<b>17. 2025 Senior Holiday Party</b> <b>10am to 2pm</b> <b>Southeast Tennis &amp; Learning</b> <b>701 Mississippi Ave SE</b>	<b>18.</b> 10am-Heath promotion 11am-Arm Stretches <b>11:30am-Fitness w/Rodney</b> 12pm-Lunch 1pm- Movie Time	<b>19. Gift Exchange</b> 10am-Heath promotion 11am- Open Games 12pm-Lunch 1pm- Music/ Games

 					
	<p>22. <b>10:30am- 11:30am</b> <b>Marthas Table</b> <b>2375 Elvan's Rd SE</b> 10am-Heath promotion 11am- Open Discussion 12pm- Lunch 1pm- Bean</p>	<p>23. 10am-Heath promotion 11am Walking Club 12pm-Lunch 1pm- Open Games</p>	<p>24. <b>Christmas Eve</b> 10am-Heath promotion 11am- Open Discussion 12pm-Lunch 1pm- Open Games</p>	<p>25. <b>CLOSED</b></p>	<p>26. <b>Kwanzaa</b> 10am-Heath promotion 11 am- Open Discussion 12pm-Lunch 1pm- Leg Movement Exercises</p>
	<p>29. 10am-Heath promotion 11am-Chair Exercises 12pm-Lunch 1pm- Cards/ Open Games</p>	<p>30. 10am-Heath promotion 11am- Fitness chair aerobics 12pm-Lunch 1pm- Popcorn/ Open Discussion</p>	<p>31. <b>New Year's Eve</b> 10am-Heath promotion 11am- Fitness chair aerobics 12pm-Lunch 1pm- Popcorn/ Open Discussion</p>		

*Part of the Senior Services Network – Supported by the Department of Aging and Community Living.*