



EOTR Sarah Circle's FRIENDSHIP CAFÉ
 2551 17th St, NW DC
 Ziairra Baughan-Owens, Outreach/Partnership Rec.
 Coordinator
 202-845-3378
 Lewis Fontane, Nutrition Aide
 Phyllis Adams, Recreation Coordinator

June 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2. 10am-10:30am-Coffee&Tea 10:30am-11:00am-Neighborhood Walk 11:00am-12:00pm-Triva Pursuit 12:00pm-1:00pm Lunch & Fall Recovery and Prevention Education 1:00pm-2:00pm-dominos	3. 10am-10:30am-Coffee&Tea 10:30am-11:00am-Virtual Fitness 11:00am-12:00pm Painting & 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Word Search	4. 10am-10:30am-Coffee&Tea 10:30am-11:00am-Music Movement 11:00am-12:00pm Monopoly 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Domino's	5. 10am-10:30am-Coffee&Tea 10:30am-11:00am-Virtual Fitness 11:00am-12:00pm-Bingo 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Word Search	6. 10am-10:30am-Coffee&Tea 10:30am-11:00am Virtual Fitness 11:00am-12:00pm-Connect Four, board games 12:00pm-1:00pm Lunch 1:00pm-2:00pm Brain Games	
9. 10am-10:30am-Coffee&Tea 10:30am-11:00am Virtual Fitness 11:00am-12:00pm-Arts&Crafts 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Puzzles	10. 10am-10:30am-Coffee&Tea 10:30am-11:00am-Neighborhood Walk 11:00am-12:00pm Board Games 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Unscabble Words Excursion: Golden Corral 1001 Shoppers Way, Largo, MD 20774	11. 10am-10:30am-Coffee&Tea 10:30am-11:00am-Virtual Fitness 11:00am-12:00pm-Juneteenth Keychain Making 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Oldies but Goodies	12. 10am-10:30am-Coffee&Tea 10:30am-11:00am-Virtual Fitness 11:00am-12:00pm-Monopoly 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Puzzles	13. 10am-10:30am Coffee & Tea 10:30am-11:00am-Music Movement 11:00am-12:00pm-In Person Spirit Club Chair exercise 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Connect Four	

<p>16.</p> <p>10am-10:30am-Coffee&Tea</p> <p>10:30am-11:00am-Virtual Fitness</p> <p>11:00am-12:00-Movie</p> <p>12:00pm-1:00pm Lunch</p> <p>1:00pm-2:00pm- Word Search</p>	<p>17.</p> <p>10am-10:30am-Coffee&Tea</p> <p>10:30am-11:00am-Virtual fitness</p> <p>11:00am-12:00pm-Triva Pursuit</p> <p>12:00pm-1:00pm Lunch</p> <p>1:00pm-2:00pm-Table games</p>	<p>18.</p> <p>10am-10:30am-Coffee&Tea</p> <p>10:30am-11:00am-Neighborhood Walk</p> <p>11:00am-12:00pm-Bean Toss, Connect Four</p> <p>12:00pm-1:00pm Lunch</p> <p>1:00pm-2:00pm-Brain games</p>	<p>19.</p> <p>Sites Closed in observance of :</p> 	<p>20.</p> <p>10am-10:30am-Coffee&Tea</p> <p>10:30am-11:00am-Virtual Fitness</p> <p>11:00am-12:00pm-Visit from DC HOMELAND SECURITY</p> <p>12:00pm-1:00pm Lunch</p> <p>1:00pm-2:00pm-Domino's</p>	
<p>23.</p> <p>10am-10:30am-Coffee&Tea</p> <p>10:30am-11:00am-Virtual Fitness</p> <p>11:00am-12:00pmTriva Pursuit</p> <p>12:00pm-1:00pm Lunch</p> <p>1:00pm-2:00pm-Discussion of hot topics and current events (Bring in interesting news article to discuss)</p>	<p>24.</p> <p>10am-10:30am-Coffee&Tea</p> <p>10:30am-11:00amNeighborhood Walk</p> <p>11:00am-12:00pm-Bingo w/ Medicare Patrol</p> <p>12:00pm-1:00pm Lunch</p> <p>1:00pm-2:00pm—Word Search</p>	<p>25.</p> <p>10am-10:30am-Coffee&Tea</p> <p>10:30am-11:00am-Virtual Fitness'</p> <p>11am-12pm: "Keeping Your Brain Sharp" w/ Nutritionist Renee Afryka</p> <p>12:00pm-1:00pm Lunch</p> <p>1:00pm-2:00pm-Brain Game</p>	<p>26.</p> <p>10am-10:30am-Coffee&Tea</p> <p>10:30am-11:00am-Virtual Fitness</p> <p>11:00am-12:00pm-Black History Triva</p> <p>12:00pm-1:00pm Lunch</p> <p>1:00pm-2:00pm-Domino</p>	<p>27.</p> <p>10am-10:30am-Coffee&Tea</p> <p>10:30am-11:00am-Virtual Fitness</p> <p>11:00am-12:00pm-Painting</p> <p>12:00pm-1:00pm Lunch</p> <p>1:00pm-2:00pm-Table games</p>	 

30. 10am-10:30am- Coffee&Tea 10:30am-11:00am- Neighborhood Walk 11:00am-12:00pm- Arts&Crafts 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Board games & Puzzles	June is... Alzheimer’s and Brain Awareness Month, Aphasia Awareness Month, Cataract Awareness Month, Men’s Health Month, Myasthenia Gravis Awareness Month, National Cytomegalovirus Awareness Month, National Migraine & Headache Awareness Month, National Safety Month, National Scoliosis Awareness Month, Pride Month, Professional Awareness Month, PTSD Awareness Month, and Scleroderma Awareness Month		<i>“June is the season of endless adventure, beckoning us to explore and embrace new experiences.”</i> <i>– Frances Mayes, Under the Tuscan Sun (1996)</i>		
--	--	--	---	--	--

Part of the Senior Services Network – Supported by the Department of Aging and Community Living