








EOTR Friendship PT Johnson/DHH
3440 Minnesota Avenue SE, Basement, Washington, DC 20019
DHH Recreation Coordinator Jessica Bryant 202-210-5638
PT Johnson Recreation Coordinator Ciara Crawford 301-346-9139

December Activity Calendar 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
  	1 KRC (Center Closed) 10am – Coffee/Teatime 10:30- ASL Spring 12pm- Lunch Nutrition Ed. w/ Ms. Minor 1pm- Open Games	2 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- bean bag toss	3 10am – Coffee/Teatime 11am – Spirit Fitness w/ Chris 12pm – Lunch 1pm – Christmas charades	4 10am -Body wise w/ UDC Ms. Vernette 11am -Mental Health Session w/Dr. Crawford 12:30pm- Lunch 1pm- Table Talks	5 Martha’s Table 2375 Elvan's Rd SE, Washington, DC 20020 10:30am-12pm 10am – Coffee/Teatime 11am – Naughty or Nice beanbag toss 12pm – Lunch 1pm – Christmas carols
	8 10am – Coffee/Teatime 10:30am – Pass the present 12pm- Lunch 1pm- Christmas ornament DIY	9 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Christmas Word Search	10 10am –Health Promotion w/Irwin 11am – Spirit Fitness w/ Chris 12pm – Lunch 1pm –Candy Cane BINGO	11 10am - Body wise w/ UDC Ms. Vernette 11am -Mental Health Session w/Dr. Crawford 12:30pm- Lunch 1pm- Table Talks	12. 10am – Coffee/Teatime 11am-“Sarah Oil” Movie Premiere with movie snacks (Hosted by Kajah) 12pm – Lunch 1:00pm – Continue Movie

 	15 KRC (Center Closed) 10am – Coffee/Teatime 11am- Holiday Joepardy 12pm- Lunch/ Nutrition Ed. w/ Ms. Minor 1pm- Open Games	16 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- scrabble	17 Mayor Bowser's 27th Annual Senior Holiday Celebration 10am-2p	18 10am - Body wise w/ UDC Ms. Vernette 11am -Mental Health Session w/Maryanne 12:30pm- Lunch 1pm- Table Talks	19 Amish market* 5030 Brown Station Rd Upper Marlboro, MD, 20772 10am-12pm 10am – Coffee/Teatime 11:00am –Open discussion 12pm- Lunch 1pm- Open Games
	22 10am – Coffee/Teatime 10:30am – Create Your Own ornament 12pm- Lunch 1pm- Open Games	23 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Lifetime Movie	24 10am – Coffee/Teatime 11am – Spirit Fitness w/ Chris 12pm – Lunch 1pm – Deal or No deal	25 *Dining site closed* 	26 10am – Coffee/Teatime 11:30am- Spirit Club Fitness 12pm – Lunch 1pm – Wheel of Holiday
	29 10am – Coffee/Teatime 11am- Bingo 12pm- Lunch 1pm- Open Games	30 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Last Table Talk of 2025	31 10am – Coffee/Teatime 11am – Spirit Fitness w/ Chris 12pm – Lunch 1pm – Holiday jamboree		

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.