



East of the River Regional Socialization Hub

Weekend Nutrition Program

In-Person Activities—June 2025

202-441-0963

Listen to WPFW 89.3 FM—Every Saturday from 6 am-8 pm



Saturday, June 7,2025	Saturday, June 14,2025	Saturday, June 21,2025	Saturday, June 28,2025
10:00 am Fitness w/ Rodney In-person	10:00 am Fitness w/ Rodney In-person	10:00 am Fitness w/ Rodney In-person	10:00 am Fitness w/Rodney In-person
10:00 am Men's Health Magazine Happy Men's Health Month	10:00 am Farmers Markets & Nutrition Food Resources 10:00 Trip: Amish Market Happy Father's Day	10:00am Men's Health Month Film Community Room	10:00 am Prostate Cancer Awareness
10:L45am Community Announcements 11:00 am—12:00 pm LUNCH	10:45 am Community Announcements 11:00 am—12:00 pm LUNCH	10:45 am Community Announcements 11:00 am—12:00 pm LUNCH	10:45 am Community Announcements 11:00 am—12:00 pm LUNCH
12:00 pm-2:00 pm Senior Cinema & Games	12:00 pm-2:00 pm Senior Cinema & Games	12:00 pm-2:00 pm Senior Cinema & Games	12:00 pm-2:00 pm Senior Cinema & Games



ERFSC Weekend Nutrition Program
3001 Alabama Avenue, SE
Washington, DC 20020
202-581-9355 or 202-441-0963

Evelyn Minor, MA. RDN, LDN
Nutritionist
James Lee, MSA
Nadine Prince
Community Dining Site Aide

