



EOTR SENIOR HEALTH & WELLNESS PROGRAM
 4020 Minnesota Avenue NE, Washington, DC 20019
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OCTOBER 2024 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1.	2. Yoga at the Restoration Station 11:00am-2:00pm 4063 Minnesota Avenue NE Lunch will be provided	3. Kennedy Center Live Show "CLUE" Mayfair Seniors 1:30pm - 3:30pm A Mystery! A Mansion!..... 2700 F Street NW	4.	5.
7.	8.	9.	10.	11.	12.
14. OFFICE CLOSED 	15.	16. Brunch Tour 10:30am - 1:30pm Blackwall Hitch 400 Sixth St Annapolis, MD 21403 15 spots available for seniors, Registration Required	17. Whitman Walker Workshops (Outreach) 10:00am - 2:00pm Ward 7 Participants Max Robinson Center 1201 Sycamore Drive SE Lunch will be provided	18. Crafting Candles 11am - 1:00pm Paddy Wax Candle Bar 1816 Library St Reston, VA 20190 10 spots available for seniors, Registration Required	19.
21.	22. Harvest Carnival 11am - 1:30pm Knox Hill (Ward 8) 2700 Jasper St SE	23. Whitman Walker Workshops (Outreach) 10:00am - 2:00pm Ward 8 Participants Max Robinson Center 1201 Sycamore Drive SE Lunch will be provided	24. Harvest Carnival 11am - 1:30pm Kenilworth (Ward 7) 4321 Ord St NE	25. EOTR Holistic Horseman Trip to Purcellville, VA 10:00am - 2:00pm Lunch provided	26.
28. Harvest Carnival 11am - 1:30pm Death and Hard of Hearing Program/PT Johnson (Ward 7) 3400 Minnesota Ave SE	29. 	30. Whitman Walker Workshops (Outreach) 10:00am - 2:00pm Ward 1 Participants Max Robinson Center 1201 Sycamore Drive SE Lunch will be provided	31. Harvest Carnival 11am - 1:30pm Mayfair (Ward 7) 100 5 th St NE	October is National Awareness Month for: American Heritage Month Breast Cancer Awareness National Domestic Violence Awareness National AIDS Awareness National Dental Hygiene	October is National Awareness Month for: National Bullying Prevention Awareness Month National Physical Therapy National Crime Prevention World Hunger Awareness