

EOTR Friendship Café/Kenilworth December Activity Calendar 2024 4321 Ord ST NE, Washington, DC 20019 Recreation Coordinator Rickya Dodson 301- 909-2834



	Monday	Tuesday	Wednesday	Thursday	Friday
hellos	2. 10am-Tea/Coffee Hour 11am-Arts for the Aging 12pm-Lunch 1pm- Bingo	3. 10am- Tea / Coffee Hour 11am- EOTR Social Service Coordinator Presentation 12pm-Lunch 1pm- Christmas Tree Decorating/ Center Decor	4. 10am- Tea / Coffee Hour 10:30am- Mental Health Counseling Session w/ Crawford 12pm-Lunch 1pm-Bean Bag Toss	5. 10am- Tea/Coffee Hour 11:30am-Fitness w/Rodney 12pm-Lunch 1pm- Open Games	6. Tanger Outlets 10:00- 12pm 6800 Oxon Hill Rd National Harbor, Md 20745 10am –Tea/Coffee Hour 11am- Fitness YouTube 12pm- Lunch 1pm -Open Discussion
	9. 10am- Tea/Coffee Hour 11am-Arts for the Aging 12pm- Lunch 1pm- Nutrition Education w/Ms.Minor	10. 10am- Tea/Coffee Hour 11am- Fitness w/Youtube 12pm-Lunch 1pm- Music/ Games	11. Mayor's 26th Annual Senior Holiday Celebration 2001 East Capitol Street, SE, WDC 20003 10am-2pm	12. 10am- Tea/ Coffee Hour 11:30am-Fitness w/Rodney 12pm-Lunch 1pm- Bean Bag Toss	13. ART Holiday Celebration w/Art Instructor Rain Young 10:30am-1:30pm PT Johnson/DHH 3440 Minnesota Avenue SE, Washington, DC 20019
	16. 10am-Tea/ Coffee Open Discussion 11am- Walk the Gym 12pm-Lunch	17. 10am-Tea/Coffee Hour 11am- Fitness w/YouTube 12pm-Lunch Time 1pm- Arts and Crafts	18. Martha Table 10:30am- 11:30pm 2375 Elvans Road SE Washington DC 20019 10am- Tea / Coffee Hour 11am- Walk the Gym	19. 10am- Tea/Coffee Hour 11:30am-Fitness w/Rodney 12pm-Lunch 1pm- Open Games	20. Golden Corral 11:00am-1:00pm 1001 Shoppers Way Largo MD 20774 10am- Tea /Coffee Hour 11am- Youtube Fitness

	1pm- Nutrition Education w/Ms.Minor		12pm-Lunch 1pm- Open Games		12pm-Lunch 1pm- Popcorn and Movie
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	30. 10am- Tea / Coffee Hour 11am- Walk the block 12pm- Lunch Time 1pm- Open Discussion	31. 10am- Tea/Coffee Hour 11am- Fitness w/Youtube 12pm-Lunch 1pm - Grateful Jars			

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.