



EOTR Friendship Café/Mayfair
3744 Hayes ST NE, Washington DC 20019
Recreation Coordinator George Marrow Jr. 202-243-8986

December Activity Calendar 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
 	1. <u>CLOSED</u>	2. 10am-Coffee Hour 11am- Youtube fitness 12pm- Lunch 1pm- Beanbag Toss	3. 10:15am-12:15pm US BOTANICAL GARDENS 100 Maryland Avenue SW 10am-Coffee Hour 11am- Chair Yoga 12pm- Lunch 1pm- Beanbag Toss	4. 10am- Fitness w/ Rodney 11am- Music Hour 12pm-Lunch 1pm- Pokeno	5. <u>CLOSED</u>
	8. <u>CLOSED</u>	9. 10am-Coffee Hour 11am-Indoor Walking 12pm- Lunch/Nutrition Ed w/ Ms Minor 1pm- Beanbag Toss	10. 10am- Coffee Hour 11am- Health Talk 12pm- Lunch 1pm – Card Games	11. Great Big Game Show 10am to 1:30pm 3325 M St NW 10am- Fitness w/ Rodney 11am- Music Hour 12pm-Lunch 1pm- Brain Games	12. <u>CLOSED</u>
	15. <u>CLOSED</u>	16 10am-12pm WALMART 310 RIGGS RD NE 10am- Social Time 11am- Motown Dance & Visit from ERFSC Care Coordinators	17. 2025 Senior Holiday Party 10am to 2pm Southeast Tennis & Learning 701 Mississippi Ave SE	18. 10am- Fitness w/Rodney 11am- Music Hour 12pm- Lunch 1pm- Pokeno	19. <u>CLOSED</u>

