





EOTR Friendship Café/Arthur Capper February Activity Calendar 2026
1000 5th ST SE Washington, DC 20020
Recreation Coordinator Vivian Abdullah 301-580-0271



	Monday	Tuesday	Wednesday	Thursday	Friday
 	2. 10am-Greet & Meet/Health Wellness 11am-Black History Discussion 12pm-Lunch 1pm-Word Search	3. 10am-Greet&Meet/Health Wellness 11am-Black National Anthem 12pm-Lunch 1pm-Checkers	4. <u>Forman Mills</u> <u>3745 Branch Ave.</u> <u>Hillcrest Heights, MD</u> <u>20748</u> <u>10am-1pm</u> 10am-Coffee/Tea/Health & Wellness 11am- Coloring 12pm-Lunch 1pm-Music Hour	5. 10am-Greet&Meet Health Wellness 11am-Art <u>12pm-Lunch/Nutrition w/Ms. Minor</u> <u>1pm-Health Promotion w/Irwin Royster</u>	6. 10am-Coffee/Tea Hour/Health Wellness 11am- Black History Collage 12pm–Lunch 1pm-Black Music
	9. 10am-Greet & Meet <u>11am-Exercise w/Rodney Jordan</u> 12pm-Lunch 1pm-Black Music Hour	10. 10am-Social Hour/D.C. Mayors/Health Wellness <u>11am-Mental Health Session w/Maryanne</u> 12pm-Lunch 1pm-Domino	11. <u>Red, White, You Valentines Party</u> <u>Our Lady of Perpetual Help</u> <u>600 Morris St SE</u> <u>10:30am to 2pm</u>	12. 10am-Greet & Meet/Health Wellness <u>11:30am-Health Promotion w/Irwin Royster</u> 12pm-Lunch 1pm-Music	13. 10am-Coffee/Tea Hour/Health Wellness 11am-Valentine Cards 12pm-Lunch 1pm-Checkers

 	<p>16.</p> <p>CLOSED</p>  <p>PRESIDENT'S DAY</p>	<p>17.</p> <p>10am-Social Hour/Health Wellness</p> <p>11am-Mental Health Session w/Maryanne</p> <p>12pm-Lunch</p> <p>1pm-Cinema Hour</p>	<p>18.</p> <p>Dollar Tree</p> <p>6711- Richmond Hwy.</p> <p>Alexandria, VA</p> <p>10am-1pm</p> <p>10am-Coffee/Tea/Health Wellness</p> <p>11am- Open Discussion</p> <p>12pm-Lunch</p> <p>1pm-Maze</p>	<p>19.</p> <p>10am-Tea/Coffee</p> <p>11:30am-Health Promotion w/ Irwin Royster</p> <p>12pm-Lunch</p> <p>1pm-Motown Music</p>	<p>20.</p> <p>10am-Coffee/Tea w/Health Wellness</p> <p>11am-Group Discussion</p> <p>12pm-Lunch</p> <p>1pm-Word Search</p>
	<p>23.</p> <p>10am-Social Hour</p> <p>11am-Exercise w/Rodney Jordan</p> <p>12pm-Lunch</p> <p>1pm-Art</p>	<p>24.</p> <p>10am-Greet & Meet/Health Wellness</p> <p>11am-Mental Health Session w/Maryanne</p> <p>12pm-Lunch</p> <p>1pm- Black Poems</p>	<p>25.</p> <p>10am-Coffee/Tea/Health & Wellness</p> <p>11am-Activities w/ EOTR Outreach Coordinator Kajah</p> <p>12pm-Lunch</p> <p>1pm-Jazz Music</p>	<p>26.</p> <p>10am-Social Hour</p> <p>11:30am-Health Promotion w/ Irwin Royster</p> <p>12pm-Lunch</p> <p>1pm-Motown Movie Hour</p>	<p>27.</p> <p>10am-Greet&Meet/Heath Wellness</p> <p>11am-Black Trivia</p> <p>12pm-Lunch</p> <p>1pm- BIRTHDAY CELEBRATION</p>

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.