



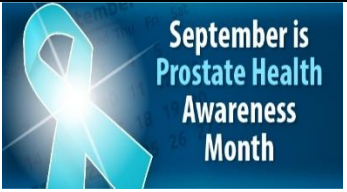
EOTR Friendship Café/Knox Hill
2700 Jasper ST SE , WDC 20020

Recreation Coordinator Tamar Bennett 202-397-7300

September Activity Calendar 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
	1.DINING SITE CLOSED 	2. 10am- Coffee 11am- Open Games 12pm- Lunch 1pm - Puzzles	3. 10am- Coffee 11am- Effects of Smoothies 12pm- Lunch 1pm - Games	4. 10am- Coffee 11am- Health talk 12pm-Lunch/ Nutrition Education w/Ms.Minor 1pm – Uno card game	5. 10am- Coffee 11am- Dental Hygiene 12pm- Lunch 12:30pm- Dementia Presentation from DACL Dementia Program Coordinator Giovanna 1pm- Continue Dementia Presentation
	8. 10am-Teatime 11am- Open Discussion 12pm- Lunch 1pm - Movie & Popcorn	9. 10am- Coffee 11am- Health Talk 12pm- Lunch 1pm- Games	10. Roses 10am-12pm 7706 Marlboro Pike Forestville MD 20747 10am- Teatime 11am- Open Discussion 12pm-Lunch/ SNAP Ed w/ Ms. Lockett 1pm- Open Games	11. 10am- Coffee Soiree 10:30am- Group Mental Health Session w/Maryanne 11am- Group Mental Health Session w/Maryanne 12pm- Lunch 1pm- Music Hour	12. 10am- Coffee 11am- Health Tips on Sugar 12pm-Lunch 1pm- Open Games
	15. 10am- News over Tea 11am- Fitness w/Rodney 12pm-Lunch 1pm- Games	16. 10am-Morning Teatime 11am- Pottery Session w/EYLProject 12pm-Lunch 1pm- Health Talk	17. 10am –Coffee Hour 11am- Health Talk 12pm-Lunch 1pm- Guessing game	18. 10am –Coffee Hour 11am- Open Games 12pm-Lunch/ Nutrition Education w/Ms.Minor 1pm- Guessing game	19. 10am-Coffee Hour 11am- Open Games 12pm-Lunch 12:30pm- Medicare Counseling w/DACL SHIP Program

 					1pm-Continue Medicare Counseling w/DACL SHIP Program
	22. MONDAY 10am- Java 10:30am- Group Mental Health Session w/Maryanne 11am- Group Mental Health Session w/Maryanne 12pm-Lunch 1pm- Games	23. TUESDAY Fall Prevention Awareness Geroge Washington University 10am- 1:30pm 800 21 ST NE 10am-Coffee Hour 11am- Open Discussion 12pm-Lunch 1pm- meditation games	24. WEDNESDAY Anacostia Community Museum 1901 Fort Place SE 10am-12pm 10am- Coffee Hour 11am- Hygiene talk 12pm-Lunch 1pm- Coloring	25. THURSDAY 10am- Coffee Hour/ FY26 Intake/Nutrition Screening Session 11am-FY26 Intake/Nutrition Screening Session 12pm- Lunch 12:30pm- Ways to Protect Your Savings w/Chase Bank Community Manager Aja 1pm- Continue Discussion on Ways to Protect Your Savings w/Chase Bank Community Manager Aja	26. FRIDAY 10am- Coffee Hour 11am- FY26 Intake/Nutrition Screening Session 12pm-Lunch 1pm- FY26 Intake/Nutrition Screening Session
	29. 10am-Coffe Hour/ FY26 Intake/Nutrition Screening Session 11am- Fitness w/Rodney 12pm-Lunch 1pm- FY26 Intake/Nutrition Screening Session	30. 10am- Coffee Hour 11am-Shake Rattle & Go w/Julia Heart Program 12pm-Lunch 1pm – Open Discussion			

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.