



**EOTR Friendship Café/Mayfair**  
**3744 Hayes ST NE, Washington DC 20019**  
**Recreation Coordinator George Marrow Jr. 202-243-8986**

**February Activity Calendar 2026**



	Monday	Tuesday	Wednesday	Thursday	Friday
	2. <b><u>CLOSED</u></b>	3. 10am- Coffee Hour 11am- Arm Movement Exercise 12pm- Lunch 1pm- Music Hour	4. 10am- Coffee Hour 11am- Black History Trivia 12pm- Lunch <b>12:30pm- Health Promotion w/Irwin</b> 1pm- <b>POKENO</b>	5. <b>10am- Fitness Rodney</b> 11am- Music Hour 12pm- Lunch 1pm- Table Games	6.  <b><u>CLOSED</u></b>
	9.  <b><u>CLOSED</u></b>	10. <b>10am- Fitness Rodney</b> 11am- Wild About Tech with <b>Alexander</b> <b>12pm- Lunch/Nutrition w/Ms. Minor</b> 1pm- Wild about Tech with <b>Alexander</b>	11. <b>Red, White, &amp; You Valentine's Party</b> <b>Our Lady of Perpetual Help 600 Morris Rd SE</b> <b>11am to 2pm</b>	12. <b>DUTCH AMISH MARKET</b> <b>5030 Brown Station Rd, Upper Marlboro MD</b> <b>10am to 1:30pm</b> 10 am-Chat N Chew 11am- Youtube Fitness 12pm- Lunch 1pm- Music Hour	13.  <b><u>CLOSED</u></b>
	16.  <b><u>CLOSED</u></b>	17. 10am- Social Time 11am- Ol School Dance 12pm- Lunch 1pm- Old Movie Time	18. 10am- Coffee/Teatime <b>11am – Activities w/ Kajah</b> 12pm- Lunch <b>12:30pm-Health Promotion w/Irwin</b> 1pm- Music Hour	19. <b>10am- Fitness w/Rodney</b> 11am- Chat N Chew 12pm- Lunch 1pm- Brain Games	20.  <b><u>CLOSED</u></b>

	23.  <p style="text-align: center;"><b><u>CLOSED</u></b></p>	24. <p style="text-align: center;"><b>MARTHA'S TABLE</b>  <b>2375 Elvans Rd SE</b>  <b>10am to 12pm</b></p> 10am- Chat N Chew 11am- YouTube Fitness 12pm- Lunch 1pm- Table Games	25.  10am- Coffee Hour 11am- Word Search 12pm- Lunch <p style="text-align: center;"><b>12:30pm-Health Promotion</b>  <b>w/Irwin</b></p> 1pm – <b>POKENO</b>	26.  <p style="text-align: center;"><b>10am- Fitness Rodney</b></p> 11am- Coffee Social Time 12pm- Lunch 1pm- Music Hour	27.  <p style="text-align: center;"><b><u>CLOSED</u></b></p>
	30.  <p style="text-align: center;"><b><u>CLOSED</u></b></p>	31. 10am- Chat N Chew 11am- YouTube Fitness 12pm- Lunch 1pm- Brain Games			

*Part of the Senior Services Network – Supported by the Department of Aging and Community Living.*