



EOTR PAUL L. DUNBAR FRIENDSHIP CAFÉ
Ziairra Baughan-Owens, Outreach/Partnership Rec.
Coordinator
202-845-3378
Sandra Jackson, Nutrition Aide
Melanie Dailey, Recreation Coordinator

November 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1. 10:00am- Coffee/Tea Hour 11:00am- Recipe Sharing 12:00pm- Lunch Hour 2:00pm- BINGO	
4. 10:00am- Coffee/Tea Hour 11:00am- Arts & Crafts 12:00pm- Lunch Hour 2:00pm- Recipe Sharing Excursion: Walmart 8745 Branch Ave, Clinton 10am-2pm	5. 10:00am- Coffee/Tea Hour 11:00am- ENGLISH 12:00pm- Lunch Hour 2:00pm- Jewelry Making	6. 10:00am- Coffee/Tea Hour 11:00am- PUZZLES 12:00pm- Lunch Hour 2:00pm- JENGA	7. 10:00am- Coffee/Tea Hour 11:00am- Chair Exercise 12:00pm- Lunch Hour 2:00pm- UNO/SEVEN EXCURSION: EOTR Senior Caribbean Senior Prom Panerama ROOM 1600 Morris RD, SE 3pm-7pm Bus Boards at 1:30pm	8. 10:00am- Coffee/Tea Hour 11:00am- Fall Walk/Talk 12:00pm- Lunch Hour 2:00pm- BINGO	
	12. 10:00am- Coffee/Tea Hour 11:00am- Arts & Crafts 12:00pm- Lunch Hour 2:00pm- Arts and Crafts	13. 10:00am- Coffee/Tea Hour 11:00am- Talk that Talk 12:00pm- Lunch Hour 2:00pm- ENGLISH	14. 10:00am- Coffee/Tea Hour 11:00am- Pot Luck 12:00pm- Lunch Hour 2:00pm- JEWELRY Making	15. 10:00am- Coffee/Tea Hour 11:00am- 12:00pm- Lunch Hour 2:00pm- BINGO	

18. 10:00am- Coffee/Tea Hour 11:00am- ENGLISH 12:00pm- Lunch Hour 2:00pm- BINGO Excursion: Busboys & Poets ½ off Burgers 2021 14 th st, NW 10am-2pm	19. 10:00am- Coffee/Tea Hour 11:00am- Arts & Crafts 12:00pm- LOOMING. 2:00pm- Indoor POTTING	20. 10:00am Coffee/Tea 10:30am- 12pm 11:00am- 12pm Spirit Club Chair Workout IN PERSON 12:00pm- 1:00PM Lunch Hour 2:00pm- TRIVIA	21. 10:00am- Coffee/Tea Hour 11:00am- ENGLISH 12:00pm- Lunch Hour 2:00pm- Ring Toss	22. 10:00am- Coffee/Tea Hour 11:00am- Arts & Crafts 12:00pm- Lunch Hour 2:00pm- BINGO	
25. 10:00am- Coffee/Tea Hour 11:00am- Chair Excercise 12:00pm- Lunch Hour 2:00pm- BINGO	26. 10:00am- Coffee/Tea 10:30am- 12pm Mental Health Counseling w/ Dr. Crawford 2:00pm- BINGO EXCURSION: Computer Class w/ Ms. Zee 901 G ST, NW 10AM-2PM	27. 10:00am- Coffee/Tea Hour 11:00am- Holiday Fun 12:00pm- Chef Domenstration w/ Chef Jonezi 2:00pm- Holiday Fun	28. 	29 10:00am- Coffee/Tea Hour 11:00am- Arts & Crafts 12:00pm- Lunch Hour 2:00pm- BINGO	30. 

Part of the Senior Services Network – Supported by the Department of Aging and Community Living