



EOTR SARAH'S CIRCLE FRIENDSHIP CAFÉ
 2551 17TH ST, NW
 Zaira Baughan-Owens, Outreach/Partnership Rec.
 Coordinator
 202-845-3378
 Vonnie Johnson, Nutrition Aide
 Phyllis Adams, Recreation Coordinator

January
 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1. CENTER CLOSED</p> <p>New Years Day</p>	<p>2. 10:00am-11:00pm- Coffee & Tea 10:30am-11:30pm- Clean up taking down xmas decoration 11:30am-12:00pm- setting up for lunch 1:00pm-2:00pm-Table games</p>	<p>3. 10:00am-11:00 pm - Coffee&Tea 10:30am-11:30pm - Checkers and card 11:30 pm -12:00 pm -Table Talk 12pm-1pm Lunch 1:00pm-2pm-Table crafts</p>	<p>January is.... -Cervical Health Awareness Month -Glaucoma Awareness Month -International Quality of Life Month -National Birth Defects Awareness/Prevention -National Blood Donor Month -Traumatic Brain Injury Awareness Month -Thyroid Awareness Month January 4: World Braille Day January 28: World Leprosy Day</p>
<p>6. 10:00am-11:00 pm - Coffee & Tea 10:00am-VIRUTAL REALITY SET WITH MS. Zee 12:00 pm -1:00 pm - Lunch 1:00pm-2:00pm- Puzzles</p>	<p>7. 10:00am-10:30am- Coffee & Tea 10:30am-11:00am - Painting 11:00am-12:00pm- Brain games 12:00am-1:00pm- Lunch 1:00pm -2:00pm- TableCrafts</p>	<p>8. 10:00am-10:30am- Coffee&Tea 10:30am-11:45 pm - Bingo 11:45am-12:00 pm - Cleanup 12:00 pm -1:00pm- Lunch 1:00pm-2:00pm- Painting</p>	<p>9 10:00am-11:00 pm - Tea&Coffee 10:30am-12:00 pm - Table games,Tonk,Connect Four 12:00 pm -1:00 pm - Lunch 1:00 pm -2:00pmOldie But Goodies</p>	<p>10. 10:00am-11:00 pm - Coffee & Tea 11am-12pm Spirit Club INPERSON Chair Workout 12:00 pm -1:00 pm - Lunch 1:00pm -2:00pm- Word Search</p>	

<p>13. 10:00am Table games, Tonk, Connect Four 12:00pm -1:00pm Lunch 1:00pm -2:00pm Coloring EXCURSION: Walmart Supercenter 6303 Richmond HWY, Alexandria VA 10am-2pm</p>	<p>14. 10:00am-10:30 pm - Coffee&Tea 10:30am-12:00-DR.CRAWFORD MENTAL HEALTH COUNSELING 12:00 pm -1:00 pm - Lunch 1:00am-2:00pm-Cards Tonk</p>	<p>15 10:00am-11:00pm-Coffee&Tea 10:30am-12:00pm-Bean bag toss & Ring Toss 12:00pm -1:00 pm - Lunch 1:00 pm -2:00pm-Table Crafts</p>	<p>16. 10:00am-11:00 pm - Coffee Tea 10:30am-12:00 pm - Easel painting 12:00 pm -1:00 pm - Lunch 1:30 pm -2:00 pm - Table Talk</p>	<p>17 10:00am-11:00am-Coffee&Tea 10:30am-11:30am-Bingo 12:00 pm -1:00-Lunch 1:00 pm -2:00 pm - Word Search</p>	
<p>20. 10:00am-11:00am-Coffee&Tea 10:30-12:00-Board games Trouble, Monopoly 12:00pm-1:00pm-Lunch 1:30-2:00-Cards Tonk</p>	<p>21. 10:00am-11:00pm-Coffee&Tea 10:30am-11:30pm-Checkers & Connect Four 12:00pm-1:00am-Lunch 1:30am-2:00pm-Oldies butt Goodies</p>	<p>22. 10:00am-11:00pm-Coffee&Tea 10:30am-12:00pm-LoomScarfs 12:00pm-1:00pm-Lunch 1:30pm-2:00pm-Table Talk News event EXCURSION: CAPITAL AREA FOOD BANK COOKING CLASS 4900 PUERTO RICO AVE NE, DC 10AM-1PM</p>	<p>23. 10:00am-11:00am-Coffee&Tea 10:30-12:00-Movies 12:00pm-1:00pm-Lunch 1:30pm-2:00pm-Table games Connect Four, Trouble</p>	<p>24. 10:00am-11:00am-Coffee&Tea 10:30am-12:00pm-Loom finish scarfs 12:00pm-1:00pm-Lunch 1:30pm-2:00pm-Word search</p>	
<p>27. 10:00am-11:00am Coffee&Tea 10:00am- Board games Trouble, Monopoly 12:00pm -1:00 pm - Lunch 1:30pm -2:00pm WordSearch</p>	<p>28 10:00am-11:00am-Coffee&Tea 10:30am-12:00 pm - Arts Crafts Mod Podge using Tile 12:00pm -1:00 pm - CHEF</p>	<p>29. 10:00am-11:00am-Coffee&Tea 10:30am-12:00pm-Bingo 12:00pm-1:00pm-Lunch 1:30 pm -2:00 pm -Chit Chat</p>	<p>30. 10:00am-11:00am-Coffee&Tea 10:30am-12:00 pm - Monopoly & Life 12:00am-1:00 pm - Lunch 1:00 pm -2:00 pm - Oldies but Goodies</p>	<p>31. 10:00am-11:00pm-Coffee&Tea 10:30am-12:00 pm - Movies 12:00pm-1pm Lunch 1:30pm-2:00 pm - Puzzles</p>	

EXCURSION: Smithsonian Hirshorn Independence Ave SW &, 7th St SW 10am-2pm	DEMONSTRATION W/ FOOD JONEZI 1:30pm-2:00pm-Cards Tonk				
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Network – Supported by the Department of Aging and Community Living