

March Activity Calendar 2025



3440 Minnesota Avenue SE, Washington, DC 20019

EOTR Friendship PT Johnson/DHH

DHH Program Manager, Lorenzo Hernandez-Montalvo (202) 744-9649

DHH Recreation Coordinator, Mariaisabel Cedeno (202) 441-1537

	Monday	Tuesday	Wednesday	Thursday	Friday
	Ivioriday	racsaay	vveunesday	Thursday	Triddy
	3.	4.	5.	6.	7.
	(CLOSED)	10am -Body wise	10am – Coffee/Teatime	10am -Body wise w/UDC	10am – Coffee/Teatime
	KRC	w/UDC Ms.	11am – Spirit Club Fitness	Ms. Vernette	10:30 a.m 12 p.m ASL
	10am – Coffee/Teatime	Vernette	w/ Chris McCrae	11am- Coffee/ Teatime	Spring Instructor Rebekah
	11am – Open Games	11am- Coffee/	12pm – Lunch	12pm- Lunch	Minson
	12pm – Lunch	Teatime	1pm - Open Game	1pm- Music Hour	12pm – Lunch
	1pm – Social time	12pm- Lunch			1pm – Social Time
		1pm- Bingo			
	10.	11.	12.	13.	14.
	Goodwill of Greater	10am -Body wise	10am – Coffee Teatime	10am -Body wise w/UDC	10am – Coffee/Teatime
	Washington	w/UDC Ms.	11am - Spirit Club Fitness	Ms. Vernette	10:30 a.m 12 p.m ASL
	1403 New York Ave NE,	Vernette	w/ Chris McCrae ft.	11am- Coffee/ Teatime	Spring Instructor Rebekah
	Washington D.C., 20002	11am- Coffee/	MODDHH guests	12pm- Lunch	Minson with a Women's
	10:30am-12pm	Teatime	12pm – Lunch	1pm- Word search	History Month Presentation
AND CAR	10am –Coffee/Teatime	12pm- Lunch	1pm – Bingo		12pm – Lunch
******	11am – Deaf Games	1pm- Bingo			1pm – Social Time
	12pm – Lunch				
	1pm – Open games/ASL review				
	17.	18.	19.	20.	21.

1 400	CLOSED	10am -Body wise	10am – Coffee/ Teatime	10am -Body wise w/UDC	10am – Coffee/Teatime		
\\\(\delta\)	(KRC)	w/UDC Ms.	11am – Spirit Club Fitness	Ms. Vernette	10:30 a.m 12 p.m ASL		
	10am –Coffee/Teatime	Vernette	w/ Chris McCrae	11am- Coffee/ Teatime	Spring Instructor Rebekah		
	11am – Games	11am- Coffee/	12pm – Lunch	12pm- Lunch	Minson		
	12pm – Lunch	Teatime	1pm - Social Time	1pm- Bingo	12pm – Lunch		
	12:30 pm - Nutrition Ed Session w/ Ms. Evelyn Minor	12pm- Lunch			1pm – Social Time		
	1pm – Open games/ASL review	1pm- Music Hour					
	24.	25.	26.	27.	28.		
	10am –Coffee/Teatime	10am -Body wise	10am – Coffee/Teatime	10am -Body wise w/UDC	Gallaudet Dance Company		
	10:30am - 12pm - ASL	w/UDC Ms.	11am - Spirit Club Fitness	Ms. Vernette	Performance		
	Spring Instructor Rebekah	Vernette	w/ Chris McCrae	11am- Coffee/ Teatime	800 Florida Ave. NE,		
	Minson	11am- Coffee/	12pm – Lunch	12pm- Lunch	Washington D.C. 20002		
	12pm – Lunch	Teatime	1pm – Open Game	1pm- Word Search	<mark>10:30am - 12pm</mark>		
	12:30pm – Bouquet	12pm- Lunch			10am – Coffee/Teatime		
	making	1pm- Music Hour			11am - Open games		
					12pm – Lunch		
	24				1pm – Social Time		
	31.						
	10am –Coffee/Teatime	March Themes:					
	11am – Diamond Art	National Women's History Month National Nutrition Month					
	Activity	Multiple Sclerosis Awareness Month National Developmental Disabilities Awareness Month					
	12pm – Lunch	National Endometriosis Awareness Month Save Your Vision Month					
	1pm – Open games/ASL	I Vacional Endonic	ti 10313 Awareness Wolltin	1 Save rour vision month			
	review						

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.