



EOTR Friendship PT Johnson/DHH
3440 Minnesota Avenue SE, Washington, DC 20019

March Activity Calendar 2025



DHH Program Manager, Lorenzo Hernandez-Montalvo (202) 744-9649

DHH Recreation Coordinator, Mariaisabel Cedeno (202) 441-1537

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>3.</p> <p>(CLOSED) KRC</p> <p>10am – Coffee/Teatime 11am – Open Games 12pm – Lunch 1pm – Social time</p>	<p>4.</p> <p>10am -Body wise w/UDC Ms. Vernette</p> <p>11am- Coffee/Teatime 12pm- Lunch 1pm- Bingo</p>	<p>5.</p> <p>10am – Coffee/Teatime 11am – Spirit Club Fitness w/ Chris McCrae 12pm – Lunch 1pm - Open Game</p>	<p>6.</p> <p>10am -Body wise w/UDC Ms. Vernette</p> <p>11am- Coffee/ Teatime 12pm- Lunch 1pm- Music Hour</p>	<p>7.</p> <p>10am – Coffee/Teatime 10:30 a.m. - 12 p.m. - ASL Spring Instructor Rebekah Minson 12pm – Lunch 1pm – Social Time</p>
	<p>10.</p> <p>Goodwill of Greater Washington 1403 New York Ave NE, Washington D.C., 20002 10:30am-12pm</p> <p>10am –Coffee/Teatime 11am – Deaf Games 12pm – Lunch 1pm – Open games/ASL review</p>	<p>11.</p> <p>10am -Body wise w/UDC Ms. Vernette</p> <p>11am- Coffee/Teatime 12pm- Lunch 1pm- Bingo</p>	<p>12.</p> <p>10am – Coffee Teatime 11am – Spirit Club Fitness w/ Chris McCrae ft. MODDHH guests 12pm – Lunch 1pm – Bingo</p>	<p>13.</p> <p>10am -Body wise w/UDC Ms. Vernette</p> <p>11am- Coffee/ Teatime 12pm- Lunch 1pm- Word search</p>	<p>14.</p> <p>10am – Coffee/Teatime 10:30 a.m. - 12 p.m. - ASL Spring Instructor Rebekah Minson with a Women’s History Month Presentation 12pm – Lunch 1pm – Social Time</p>
	17.	18.	19.	20.	21.

	<p style="text-align: center;">CLOSED (KRC)</p> <p>10am –Coffee/Teatime 11am – Games 12pm – Lunch 12:30 pm - Nutrition Ed Session w/ Ms. Evelyn Minor 1pm – Open games/ASL review</p>	<p>10am -Body wise w/UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Music Hour</p>	<p>10am – Coffee/ Teatime 11am – Spirit Club Fitness w/ Chris McCrae 12pm – Lunch 1pm - Social Time</p>	<p>10am -Body wise w/UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Bingo</p>	<p>10am – Coffee/Teatime 10:30 a.m. - 12 p.m. - ASL Spring Instructor Rebekah Minson 12pm – Lunch 1pm – Social Time</p>
	<p>24. 10am –Coffee/Teatime 10:30am - 12pm – ASL Spring Instructor Rebekah Minson 12pm – Lunch 12:30pm – Bouquet making</p>	<p>25. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Music Hour</p>	<p>26. 10am – Coffee/Teatime 11am – Spirit Club Fitness w/ Chris McCrae 12pm – Lunch 1pm – Open Game</p>	<p>27. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Word Search</p>	<p>28. Gallaudet Dance Company Performance 800 Florida Ave. NE, Washington D.C. 20002 10:30am - 12pm 10am – Coffee/Teatime 11am - Open games 12pm – Lunch 1pm – Social Time</p>
		<p>March Themes: National Women's History Month National Nutrition Month Multiple Sclerosis Awareness Month National Developmental Disabilities Awareness Month National Endometriosis Awareness Month Save Your Vision Month</p>			

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.