





EOTR Friendship PT Johnson/DHH
 3440 Minnesota Avenue SE, Basement, Washington, DC 20019
 DHH Recreation Coordinator, Mariaisabel Cedeno: (202) 441-1537
 PT Johnson Recreation Coordinator, Ciara Crawford: (301) 346-9139



	Monday	Tuesday	Wednesday	Thursday	Friday
 	June Themes: Father’s Day, LGBTQIA+ Pride Month, PTSD Awareness Month, Men’s Health Month, Gun Violence Awareness Month, Immigrant Heritage Month, Alzheimer’s Awareness Month, Juneteenth Birthday Acknowledgements: Francis Pierre (June 22); Bertha Lewis (June 26); John Lee (June 20)				
	2 Martha’s Table 2375 Elvans Rd SE, Washington, DC 20020 10:30am-12pm KRC (Center Closed) 10am – Coffee/Teatime 10:30am – ASL Spring with Rebekah Minson 12pm- Lunch 1pm- Open Games	3 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Social time	4 10am – Coffee/Teatime Paint & Sip 11am – Spirit Fitness with Chris 12pm – Lunch 1pm - Short Film	5 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Table Talks	6 10am – Coffee/Teatime 11am – Pottery EYL with Candice Napper 12pm – Lunch 1pm – Song Trivia



ALZHEIMER'S AND BRAIN
AWARENESS MONTH
JUNE



	9 10am – Coffee/Teatime 10:30am – ASL Spring with Rebekah Minson 12pm- Lunch 1pm- Open Games	10 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Word Search	11 10am – Coffee/Teatime 11am – Spirit Fitness with Chris 12pm – Lunch 1pm -BINGO	12 10am - Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Table Talks	13 10am – Coffee/Teatime 11am – Cooking Lesson with Chef Herb Holden Nutritional Ed w Ms. Minor 12pm – Lunch 12:30pm – Juneteenth Trivia
	16 KRC (Center Closed) 10am – Coffee/Teatime 10:30am – ASL Spring with Rebekah Minson 12pm- Lunch 1pm- Open Games	17 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Music –Sing- along	18 10am – Coffee/Teatime 11am – Spirit Fitness with Chris 12pm – Lunch 1pm – Vision board	19 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Table Talks	20 10am – Coffee/Teatime 11am – Crochet EYL Project with Candice Napper 12pm – Lunch / Nutrition Ed w/ Ms. Minor 1pm - Adult Coloring

	23 10am – Coffee/Teatime 10:30am – ASL Spring with Rebekah Minson 12pm- Lunch 1pm- Open Games	24 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Discussion of July trip	25 10am – Coffee/Teatime 11am – Spirit Fitness with Chris 12pm – Lunch 1pm –Discussion about Book Club	26 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Table Talks	27 Family Affair Celebration Fort Dupont Park – Lanham Estates Alabama Ave SE 11am-2pm 10am – Coffee/Teatime 11am – Arts of the Aging Erika Johnson 12pm – Lunch 1pm – Wheel of Fortune
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Part of the Senior Services Network – Supported by the Department of Aging and Community Living.