






EOTR Friendship Café/Mayfair
3744 Hayes ST NE, Washington DC 20019
Recreation Coordinator George Marrow Jr. 202-243-8986

October Activity Calendar 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
 		1. 10am- Bean bag Toss 11am- Open Discussion 12pm- Lunch 1pm-Board Games	2. 10am-Coffee Hour 11am- Current News 12pm- Lunch 1pm- Beanbag Toss	3. 10am- Fitness w/Rodney 11am- Social Hour 12pm- Lunch 1pm- Card Games	4. CLOSED
	7. CLOSED 	9. 10am- EOTR Presentation/ w Ms. Sharon Smith 11am- Current News 12pm- Lunch 1pm- Beanbag Toss	10. WALMART 10am-12pm 310 Riggs Rd NE Washington, DC 10am-Social Hour 11am- 12pm- Lunch 1pm- Youtube Video	11. 10am- Fitness w/ Rodney 11am- Music Hour 12pm-Lunch 1pm- Brain Games	12. CLOSED
	14. CLOSED 	15. 10am- Fitness w/ Rodney 11am- Open Discussion 12pm- Lunch 1pm-Nutrition Education w/Ms. Minor	16. Miller Farms 10am-12pm 10140 Piscataway Rd Clinton, Md 20735 10am- Coffee/Tea Time 11am- Open Discussion 12pm-Lunch 1pm- Open Games	17. Whitman Walker Max Robinson 1201 Sycamore Dr SE Washington, DC 20032 9:30am-2pm 10am- Brain Games 11am- Social Hour 12pm- Lunch 1pm- Card Games	18. CLOSED

21. CLOSED 	22. Martha Table 10am-12pm 2375 Elvans Rd SE 10am-Chat and Chew 11am- Bean Bag Toss 12pm- Lunch 1pm- Bingo	23. 10am- Youtube Music Hour 11am-Brain Games 12pm- Lunch 1pm- Youtube TV	24. 10am- Fitness Rodney 11am-Music Hour 12pm- Lunch 1pm- Card Games	25. CLOSED 	
28. CLOSED 	29. 10am- Youtube Music Hour 11am-Open Games 12pm- Lunch 1pm-Nutrition Education w/Ms.Minor	30. 10am- Bean bag Toss 11am- Open Discussion 12pm- Lunch 1pm-Board Games	31. 10am- Bean bag Toss 11am- EOTR SHWP Harvest Celebration w/Outreach Coordinator Kajah Watson 12pm- Lunch 1pm-Board Games		

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.