







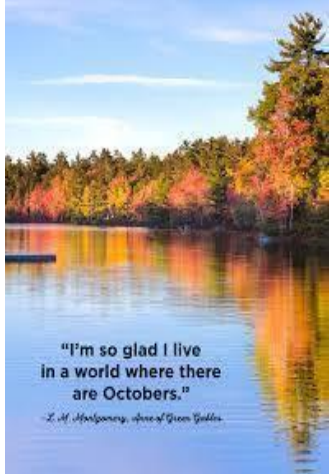


EOTR Friendship Café/Kenilworth
4321 Ord ST NE, Washington, DC 20019
Recreation Coordinator Rickya Dodson 202-878-0224

October Activity Calendar 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
  		1. 10 am-Tea/Coffee Hour 10:30 am- Fitness w/YouTube 11am Mindful Coloring 12pm- Lunch 1pm-Open Games	2. 10 am- Tea/Coffee Hour 11 am-YouTube Dancing 12pm-Lunch 1pm-Pictionary	3. 10am- Tea/Coffee Hour 11:30am-Fitness w/Rodney 12pm-Lunch 1pm-Movie Hour	4. Tanger Outlet 10:00-12pm 6800 Oxon Hill Rd National Harbor, Md 20745 10am –Tea/Coffee Hour 11am- Fitness YouTube 12pm- Lunch 1pm -Open Discussion
	6. 10 am-Tea/Coffee Hour 10:30 am- Fitness w/YouTube 11am Mindful Coloring 12pm- Lunch 1pm-Open Games	8. 10am- Tea/Coffee Hour 11am- Fitness w/YouTube 12pm-Lunch 1pm- Line Dancing	9. 10am-Tea/Coffee Hour 11am-Open Discussion 12pm-Lunch 1pm- EOTR Presentation/ w Ms. Sharon Smith	10. 10am- Tea/ Coffee Hour 11:30am-Fitness w/Rodney 12pm-Lunch 1pm- Bean Bag Toss	11. 10am- Tea /Coffee Hour 11am- Open Games 12pm-Lunch 1pm-Open Games
	14. CLOSED 	15. 10am-Tea/Coffee Hour 11:30am- Fitness w/Rodney 12pm-Lunch Time 1pm- Movies	16. 10am- Tea / Coffee Hour 11am- Open Games 12pm-Lunch 1pm- Oldies and Goodies	17. Whitman Walker Max Robinson 1201 Sycamore Dr SE Washington, DC 20032 9:30am-2pm 10am- Tea/Coffee Hour 11am- Brain Games 12pm-Lunch 1pm- Open Games	18. Martha's Table 10:30-12pm 2375 Elvans Road SE Washington , DC 20019 10am- Tea /Coffee Hour 11am- Fitness w/ Youtube 12pm-Lunch 1pm-Cards Open Games

	<p>21. 10am- Tea /Coffee Hour 11am-Walk the block 12pm-Lunch 1pm-Nutrition Ed/w Ms. Minor</p>	<p>22. 10am- Tea / Coffee Hour 11am- Fitness w /YouTube 12pm-Lunch 1pm-Bean Bag Toss</p>	<p>23. 2ndAveThrift Store 10:00-12pm 6307 Allentown Rd Camp Spring Md 20748 10am- Tea /Coffee Hour 11am- Open Games 12pm-Lunch Time 1pm- Music Hour</p>	<p>24. 10am- Tea /Coffee Hour 11am- EOTR SHWP Harvest Celebration w/Outreach Coordinator Kajah Watson 11:30am-Fitness w/Rodney 12pm- Lunch 1pm- Music Hour</p>	<p>25. 10am- Tea/ Coffee Hour 11am- Senior Transportation Workshop w/Heather Foote 12pm-Lunch 1pm-Bingo</p>
 <p>"I'm so glad I live in a world where there are Octobers." <small>-L. M. Montgomery, Anne of Green Gables</small></p>	<p>28. 10am- Tea / Coffee Hour 11am- Walk the block 12pm- Lunch Time 1pm-Nutrition Ed/w Ms. Minor</p>	<p>29. 10am- Tea / Coffee Hour 11am- Fitness w /YouTube 12pm-Lunch 1pm-Bean Bag Toss</p>	<p>30. 10am-Tea/Coffee Hour 11am- Fitness w/YouTube 12pm-Lunch Time 1pm- Movies</p>	<p>31. 10am- Tea /Coffee Hour 11am- Open Games 11:30am-Fitness w/Rodney 12pm-Lunch 1pm-Open Games</p>	

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.