



EOTR Friendship PT Johnson/DHH



December Activity Calendar 2024

3440 Minnesota Avenue SE, Washington, DC 20019

Recreation Coordinator, Linda Mahoney 202-904-4618

DHH Recreation Coordinator, Mariaisabel Ceden



	Monday	Tuesday	Wednesday	Thursday	Friday
 	2.  <b>CLOSED</b>	3.  <b>10am -Body wise w/UDC Ms. Vernette</b> 11am- Setting up Christmas decorations 12pm- Lunch 1pm- Mental Health Awareness	4. 10am – Coffee/Teatime <b>11am Spirit Club Fitness w/ Chris McCrae</b> 12pm -Lunch 1pm- ASL Practice - Fingerspelling	<b>10am -Body wise w/UDC Ms. Vernette</b> 11am- Making Christmas Cards 12pm- Lunch 1pm- Continue Christmas cards	6.  <b>Holistic Horsemanship Trip</b> <b>18915 Lincoln Rd, Purcellville, VA 20132</b> <b>8am – 1:30pm</b>  10am -Coffee/Teatime 11am- Open Games 12pm-Lunch <b>1pm- ASL PRACTICE - Numbers</b>
	9. 10am – Wreaths / Christmas Decoration Crafts- Coffee/ Teatime <b>11am- Cooking Demonstration by Chef Katrell</b> 12pm- Lunch 1pm- <b>ASL Practice Basics</b>	10.  <b>10am -Body wise w/UDC Ms. Vernette</b> 11am- Discuss Holiday Traditions 12pm- Lunch 1pm- AARP MEDICARE HEALTH PROTROL	11.  <b>Mayor’s 26th Annual Senior Holiday Celebration</b> <b>2001 East Capitol Street, SE, WDC 20003</b> <b>10am-2pm</b>	12.  <b>10am -Body wise w/UDC Ms. Vernette</b> 11am – Music Hour Christmas Carols 12pm-Lunch	13.  <b>ART Holiday Celebration w/Rain Young!!</b> <b>11am- 1pm</b>  10am- Coffee / Teatime <b>11am- Art Holiday Celebration</b> <b>12pm-Lunch/Nutrition Ed w/Ms. Minor</b> 1pm- Open Games

	16.  <b>CLOSED</b>  <b>Accessible Starbucks</b> <b>331 N St NE, Washington,</b> <b>DC 20002</b> <b>10:30 A.M. - 12:00 P.M.</b>  <b>*Box lunches*</b>	17. <b>10am -Body wise</b> <b>w/UDC Ms. Vernette</b> 11am- Christmas Carols Music Hour 12pm- Lunch 1pm- Bingo	18. 10am- Coffee/Teatime <b>11am- Spirit Club Fitness</b> <b>w/ Chris McCrae</b> 12pm-Lunch <b>1pm- ASL PRACTICE –</b> <b>Body and Health</b>	19. <b>10am -Body wise w/UDC</b> <b>Ms. Vernette</b> 11am – Movie Hour 12pm-Lunch 1pm – Open Game	20.  <b>Martha's Table</b> <b>Art is Healing Event</b> <b>2375 Elvans Rd SE,</b> <b>Washington, DC</b> <b>10:30 am – 1:30pm</b>  10am- Coffee/ Teatime 11am- Open Games 12pm- Lunch <b>1pm- Practice ASL</b>  *Box lunches*
	23. 10am- Coffee/ Teatime <b>11am- Learn Christmas in</b> <b>ASL</b> <b>11:30am – Christmas Games</b> 12pm- Lunch <b>1pm- Bingo in ASL</b>	24. <b>10am -Body wise</b> <b>w/UDC Ms. Vernette</b> 11am- Music Hour 12pm- Lunch 1pm- Bingo	25.  <b>SITE CLOSED</b> 	26. <b>10am -Body wise w/UDC</b> <b>Ms. Vernette</b> 11am- Move Hour 12pm-Lunch 1pm- Open Games	27. 10am- Coffee/Teatime <b>11am-NewYear's Resolution/ Vision Board</b> 12pm-Lunch <b>1pm- ASL Practice School and Work</b>
	30. 10am – Coffee and Music 11am-Open Games 12pm-Lunch <b>12:45pm- ASL PRACTICE</b> <b>Food and Drink</b>	31. 10am-Coffee/Teatime 11am- Music Hour 12pm-Lunch 1pm- Continue New Year's vision board			

*Part of the Senior Services Network – Supported by the Department of Aging and Community Living.*