

## EOTR SARAH'S CIRCLE FRIENDSHIP CAFÉ Ziairra Baughan-Owens Outreach/Partnership Rec. Coordinator 202-845-3378 Nutrition Aide Phylis Adams, Recreation Coordinator

## October 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October	1. 10:00am-11:00-Coffee & Tea 10:30-11:30-Painting 12:00pm-1:00- LUNCH 1:00pm-2:00-Hot Topics	2. 10:00am~10:30~Coffee & Tea  10:30~11:30~Bean bag toss & ring toss 12:00pm~1:00 LUNCH  1:00pm~2:00~Cards Spades	3. 10:00am-10:30-Coffee & Tea 11:00am-12pm- GROCERY PLUS PRESENTATION & SIGN UP 12:00pm-1:00 LUNCH 1:00pm-2:00-Table puzzles	4. 10:00am~10:30~Coffee &Tea  10:30am~11:30Arts & Crafts  12:00pm~1:00 LUNCH  1:00~2:00~Oldies But Goodies	Domestic Violence Awareness Month
7. 10:00am~10:30~Coffee & Tea 10:30~11:30~Neighborhood walk 11:00pm~12:00~Trival Pursuit 12:00~1:00~Lunch 1:30~2:00~ Table Talk	8. 10:00am-10:30-Coffee & Tea 10:30am-12:00-Movie 12:00pm-1:00 LUNCH 1:30pm-2:00-Tic,Tik,Toe	Lederer Garden 4801 Nannie Helen Burroughs Ave. NE 10am~12pm	10. 10:00am~10:30~Coffee & Tea  11:00am~12:00pm~ BINGO  12:00pm~1:00 LUNCH  1:30~2:00~Board Games	Prince Georges Plaza  3500 East West Highway, Hyattsville MD 20782 10AM-2PM	October  is Breast Cancer  Awareness Month
14. SITE WILL BE CLOSED  INDIGENOUS PEOPLES' DAY	15. 10:00am-10:30-Coffee & Tea 10:30am-11:00-Virtual Fitness 11:30pm-12:00-Table Crafts 12:00pm-1:00-Lunch 1:30pm-2:00-Travia game	16. 10:00am~10:30~Coffee&Tea  10:30am~11:30~ Neighborhood Walk  11:30~12:00~Good Down  12:00~1:00~Lunch 1:30pm~2:00~Table Talk	17. 10:00am~10:30 Coffee & Tea  11:00am~12:00pm~Sip, Paint, and Resources with Mrs.Zee  12:00pm~1:00~LUNCH  1:30pm~2:00~Uno, Checkers	18. 10:00~10:30~Coffee & Tea 10:30~12:00~ Ice Cream Social 12:00~1:00~Lunch 1:30~2:00~Oldie But Goodies	

21. 10:00am-10:30-Coffee& Tea 10:30am-11:30- Neighborhood walk 11:30pm12:00-Cool Down 12:00-1:00-Lunch 1:30-2:00-Assorted Puzzles	22. 10:00am~10:30~Coffee&Tea 10:30am~12:00~Movie 12:00~1:00~Lunch 1:30pm~2:00~Hot Topics	23.  10:00am-10:30 Coffee & Tea  10:30am-12:00-Bingo  12:00pm-1:00-LUNCH  1:30pm-2:00-Uno, Checkers	Amish Market  10am-2pm  5030 Brown Station Rd, Upper Marlboro, MD 20772	25. 10:00am~10:30~Coffee & Tea 10:30am~12:00~Spades Tourment 12:30pm –1:00~Lunch 1:30~2:00~Assorted Puzzles	26.
28. 10:00am-10:30-Coffee &Tea 10:30-11:30-Neighborhood walk 11:30pm-12:00-Cool down 12:00-1:00-Lunch 1:30pm-2:00-Checker, Uno	29. 10:00am-10:30-Coffee & Tea 10:30am-11:30-Table Arts & Craft Erasel Art 12:00pm-1:00- LUNCH 1:30pm-2:00-Travia Games	Whitman Max Walker Robinson (off site presentation)  120 Sycamore Drive SE 10:00am~1:00  LUNCH~INFOMATIVE WORKSHOPS~ GIVEAWAYS	31. 10:00am-Coffee & Tea 11:00am-Halloween Celebration 12:00pm-1:00- LUNCH	DISABILITY AWARENESS	OCTOBER IS DYSLEXIA AWARENESS MONTH

Part of the Senior Services Network – Supported by the Department of Aging and Community Living