





EOTR Harvard Towers FRIENDSHIP CAFÉ
1845 Harvard St, NW
Ziairra Baughan-Owens, Outreach/Partnership Rec.
Coordinator
202-845-3378
Nutrition Aide: Edith Hambleton
Recreation Coordinator: Tiffany Jackson

December
2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Table Games 12pm-1pm LUNCH 1pm-2pm Word Puzzles	2. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Canvas and Cocoa Paint and Sip 12pm-1pm LUNCH 1pm-2pm Reflect on our Artwork	3. 10am-10:30am Coffee Time 10:30am-12:00pm Counseling w Ms. Maryanne 12pm-1pm LUNCH 1pm-2pm Chat Hour	4. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Transportation Training w. Capitol Hill Village 12pm-1pm LUNCH 1pm-2pm Snow Globe Making Continued	5. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Table Games/ Word Puzzles 12pm-1pm LUNCH 1pm-2pm Guess Who?	
8. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Gingerbread House Decorating 12pm-1pm LUNCH 1pm-2pm In It To Win IT	9. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm A Healthy Moment & Surprise w. Irwin Royster 12pm-1pm LUNCH 1pm-2pm Gingerbread House Decorating	10. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Holiday Favorites with Nutritionist Renee Afryka 12pm-1pm LUNCH 1pm-2pm Holiday Movie Continued	11. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12:00pm Winter Wonderland: Paint, Sip, & Resource w. Ms. Zee 12pm-1pm LUNCH 1pm-2pm Ornament Decorating Continued	12. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Table Games 12pm-1pm LUNCH 1pm-2pm Chat Hour EXCURSION: Bowling AMF Marlow Heights 4717 St. Barnabas rd. Temple Hills MD 20748 10am-2:00pm	

<p>15. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Holiday Diamond Art 12pm-1pm LUNCH 1pm-2pm Diamond Art Continued</p>	<p>16. 10am-10:30am Coffee Time 10:30am-12:00pm Dr Crawford Mental Health Counseling 12pm-1pm LUNCH 1pm-2pm UNO</p>	<p>17. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Canvas and Cocoa Paint and Sip 12pm-1pm LUNCH 1pm-2pm painting Continued</p> <p>Excursion: 27th Annual Senior Holiday Celebration 701 Mississippi Ave SE, DC 9:30am-2pm</p>	<p>18. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Minute to Win It 12pm-1pm LUNCH 1pm-2pm Chat Hour</p>	<p>19. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Snowflake/ Gingerbread Man Paper 12pm-1pm LUNCH 1pm-2pm Holiday Tunes/Table Games</p>	
<p>22. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm UNO/Table Games 12pm-1pm LUNCH 1pm-2pm Holiday Movie</p>	<p>23. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Chat Hour 12pm-1pm LUNCH 1pm-2pm MONTHLY BIG BINGO</p>	<p>24. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Holiday Movie 12pm-1pm LUNCH 1pm-2pm Holiday Movie continued</p>	<p>25. Site Closed</p> 	<p>26. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm In Person Spirit Club Exercise 12pm-1pm LUNCH 1pm-2pm Chat Hour</p>	
<p>29. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm New Year Resolution Project 12pm-1pm LUNCH 1pm-2pm Chat Hour</p>	<p>30 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Word Puzzles 12pm-1pm LUNCH 1pm-2pm UNO</p>	<p>31 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm New Years Resolution: Vision Board 12pm-1pm LUNCH 1pm-2pm Chat Hour</p>			<p>December is... HIV/AIDS Awareness Month, Safe Toys and Gifts Month, National Impaired Driving Prevention Month (Drunk and Drugged Driving Prevention), Universal Human Rights Month, Spiritual Literacy Month, Worldwide Food Service Safety Month, Write a Business Plan Month, Operation Santa Paws Month, Seasonal Depression Awareness, National Tie Month</p>

