





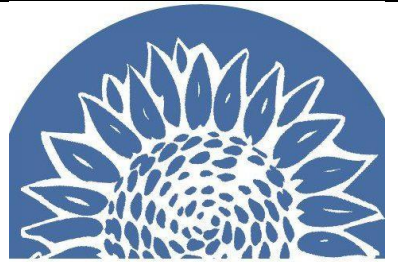



EOTR Paul L Dunbar FRIENDSHIP CAFÉ
ADDRESS
Ziairra Baughan-Owens, Outreach/Partnership Rec.
Coordinator
202-845-3378
Sandra Jackson, Nutrition Aide
Melanie Dailey, Recreation Coordinator

April
2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. 10am10:30am: Coffee/Tea 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: CARDS 12pm-1pm Lunch 1pm-2pm: DOMINOES	2. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: ARTS/CRAFTS 12pm-1pm Lunch 1pm-2pm: RING TOSS	3. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: MORNING WALK 12pm-1pm Lunch 1pm-2pm: BINGO	4. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: CARDS 12pm-1pm: Lunch 1pm-2pm: CARDS Excursion: Jumbo International Market 10am-2pm 3201 Brinkley Rd, Temple Hills MD	
7. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: MOVIE DAY 12pm-1pm: Lunch 1pm-2pm: MOVIE DAY	8. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am12pm: DECORATE FOR SITE 12pm-1pm: Lunch 1pm-2pm: DECORATE FOR SITE	9. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: In-Person Chef Demo with Food Jonesi! 12pm-1pm Lunch 1pm-2pm: DOMINOES	10. 10am10:30am: Coffee/Tea 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: AARP x LCE Part B vs Part D Drugs & Fraud Topic: Pharmacy Fraud 12pm-1pm: Lunch 1pm-2pm: AFTERNOON STROLL	11. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: ARTS/CRAFTS 12pm-1pm: Lunch 1pm-2pm: BINGO	

<p>14. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: RING TOSS 12pm-1pm: Lunch 1pm-2pm: ARTS/CRAFTS</p>	<p>15. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: CARDS 12pm-1pm: Lunch 1pm-2pm: PAINT WITH ME</p>	<p>16. </p>	<p>17. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: EASTER POTLUCK 12pm-1pm: Lunch 1pm-2pm: DANCE HOUR</p>	<p>18. 10am10:30am: Coffee/Tea- 10:30am-11am: Easter Basket Making 11am-12pm: SPIRIT CLUB IN PERSON 12pm-1pm: Lunch 1pm-2pm: Lets finish our baskets</p>	 <p>April is IBS Awareness Month</p>
<p>21. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: DANCE HOUR 12pm-1pm: Lunch 1pm-2pm: P'KENO</p>	<p>22. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: CARDS 12pm-1pm Lunch 1pm-2pm: BINGO</p>	<p>23. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: ARTS/CRAFTS 12pm-1pm: Lunch 1pm-2pm: DOMINOES</p>	<p>24. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: PAINTING 12pm-1pm: Lunch 1pm-2pm: DOMINOES</p>	<p>25. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: MOVIE DAY 12pm-1pm: Lunch 1pm-2pm: MOVIE DAY</p>	
<p>28. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: RING TOSS 12pm-1pm: Lunch 1pm-2pm: JOKE TIME</p>	<p>29. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: MORNING WALK 12pm-1pm Lunch 1pm-2pm: CHAT TIME</p>	<p>30. 10am10:30am: Coffee/Tea- 10:30am-11am: Virtual Spirit Club Chair Exercise 11am-12pm: MOVIE DAY 12pm-1pm: Lunch 1pm-2pm: MOVIE DAY</p>	<p>April is....Alcohol Awareness Month, Distracted Driving Awareness Month, Global Child Nutrition Month, Irritable Bowel Syndrome Awareness Month, Medicaid Awareness Month, National Autism Acceptance Month, National Cancer Control Month</p>	<p>April is also.....National Child Abuse Prevention Month, National Donate Life Month, National Facial Protection Month, National Foot Health Awareness Month, National Minority Health, National Primary Immunodeficiency Awareness Month</p>	<p><i>“April showers bring May Flowers”</i></p> 