





EOTR Friendship Café/Mayfair
3744 Hayes ST NE, Washington DC 20019
Recreation Coordinator George Marrow Jr. 202-243-8986

December Activity Calendar 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
 	2. <u>CLOSED</u>	3. 10am- Bean bag Toss 10:30am- Mental Health Counseling Session w/ Crawford 12pm- Lunch 1pm-Card Games	4. MARTHA'S TABLE 2375 Elvans Rd Se Washington, DC 10am-12pm 10am- Bean bag Toss 11am- Open Discussion 12pm- Lunch 1pm-Board Games	5. 10am- Fitness w/ Rodney 11am- Music Hour 12pm-Lunch 1pm- Holiday Tradition Discussion	6. <u>CLOSED</u>
	9. <u>CLOSED</u>	10. MARLOW HIEGHTS SHOPPING CENTER 4801 Marlboro Pike Capitol Heights Md 10am-12pm 10am-Coffee Hour 11am- Current News 12pm- Lunch 1pm- Beanbag Toss	11. Mayor's 26th Annual Senior Holiday Celebration 2001 East Capitol Street, SE, WDC 20003 10am-2pm	12. 10am- Fitness w/ Rodney 11am- Music Hour 12pm-Lunch 1pm- Brain Games	13. <u>CLOSED</u> ART Holiday Celebration w/Art Instructor Rain Young 10:30am-1:30pm PT Johnson/DHH 3440 Minnesota Avenue SE, Washington, DC 20019

	16. <u>CLOSED</u>	17. WALMART 8745 Branch Ave Clinton, Md 10am-12pm 10am- Coffee Hour 11am- Open Discussion 12pm- Lunch 1pm-Nutrition Education w/Ms.Minor	18. 10am- Coffee/Tea Time 11am- EOTR Social Service Coordinator Presentation 12pm-Lunch 1pm- Open Games	19. 10am- Fitness w/Rodney 11am- Social Hour 12pm- Lunch 1pm- Mental Health Awareness	20. <u>CLOSED</u>
	23. <u>CLOSED</u>	24. 10am-Chat and Chew 11am- Card Games 12pm- Lunch 1pm- Bingo	25. SITE CLOSED 	26. 10am- Fitness Rodney 11am-Music Hour 12pm- Lunch 1pm-Nutrition Education w/Ms.Minor	27. <u>CLOSED</u> IPIC Movie Theater 11830 Grand Park Ave Bethesda, MD 20852 10am-2pm \$10 per person - please sign up by December 6
	30. <u>CLOSED</u>	31. 10am- Bean bag Toss 11am- Open Discussion 12pm- Lunch 1pm-Board Games			

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.