

EOTR Friendship Café/Kenilworth May Activity Calendar 2025 4321 Ord ST NE, Washington, DC 20019 Recreation Coordinator Rickya Dodson 301- 909-2834



cella	Monday	Tuesday	Wednesday	Thursday	Friday
MAY				1. 10am- Tea/Coffee Hour 11:30am-Fitness w/Rodney 12pm-Lunch 1pm- Open Games	2. 10am –Tea/Coffee Hour 11am- Mental Health Session w/ Dr. Crawford 12pm- Lunch 1pm - Music / Open Games
Happy May BIRTHDAYS!	5. Martha Table 10:30am-12pm 2375 Elvans Road SE Washington DC 20019 10am-Tea/Coffee Hour 11am- Open Game 12pm-Lunch Time 1pm- Lunch/Nutrition Ed w/ Ms .Minor	6. 10am- Tea/Coffee Hour 11am- Walk the Gym 12pm-Lunch 1pm- Mother's Day Art Project	7. Toby's Dinner Theatre 9am –2pm 5900 Symphony Woods Rd Columbia, MD 21044 10am-Tea/Coffee Hour 11 am- Open Discussion 12pm-Lunch 1pm- Cards/ Open Games	8. 10am- Tea/ Coffee Hour 11:30am-Fitness w/Rodney 12pm-Lunch 1pm- Bean Bag Toss	9. Mother's Day Tea Party 11am-1pm Tea attire Hats, Gloves and Pictures 10am- Tea /Coffee Hour 11am-Paint and Sip w/ EYL PROJECT 12pm-Lunch 1pm- Music
Happy Mothers Day	12. 10am-Tea/Coffee Hour 11 am- Open Discussion 12pm-Lunch 1pm- Cards/ Open Games	13. 10am-Tea/Coffee Hour 11am- Fitness w/YouTube 12pm-Lunch Time 1pm- Popcorn Movie	14. 10am-Tea/Coffee Hour 11am-Arts for the Aging 12pm-Lunch 1pm- Bean Bag	15. 10am- Tea/Coffee Hour 11:30am-Fitness w/Rodney 12pm-Lunch 1pm- Open Games	16. Roses Discount Store 10:00am-11:00am 7706 Marlboro Pike Forestville 20747 10am- Tea/Coffee Hour 11am- Chair Exercises

LUPUS AWARENESS MONTH Shahana Hanif	19. 10am- Tea / Coffee Hour 11am- Walk the Block 12pm- Lunch/Nutrition Ed w/ Ms .Minor	20. 10am- Tea / Coffee Hour 11am Line Dancing 12pm-Lunch 1pm- Music/ Games	21. Senior Fest Block Party 9am-3pm Gateway Pavilion 2700 MLK JR AVE SE Washington DC ,20020	22. 10am- Tea /Coffee Hour 11:30am-Fitness w/Rodney 12pm- Lunch 1pm- Open Discussion	12pm-Lunch 1pm- Music/ Games 23. 10am-Tea/Coffee Hour 11am-Open Discussion 12pm-Lunch 1pm- Bean Bag
May is Mental Health Awareness Month	26. SITE CLOSED HAPPY MEMORIAL DAY Runumber and Handr	27. 10am-Tea/Coffee Hour 11am- Arts for the Aging 12pm-Lunch Time 1pm- Bingo	No meals at site/DINING SITE will be transferred to Senior Fest 28. Older American Month Event 10am- 2pm Kenilworth Recreation Center 4321 Ord ST NE WDC 20019	29. 10am- Tea /Coffee Hour 11:30am-Fitness w/Rodney 12pm- Lunch 1pm- Open Discussion	30. 10am- Tea / Coffee Hour 11am- Walk the Block 12pm- Lunch Time 1pm- Open Discussion

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.