



EOTR Friendship PT Johnson/DHH




January Activity Calendar 2025




3440 Minnesota Avenue SE, Washington, DC 20019

Recreation Coordinator, Linda Mahoney 202-904-4618

DHH Recreation Coordinator, Mariaisabel Ceden (202) 441-1537



	Monday	Tuesday	Wednesday	Thursday	Friday
			1.  OFFICE CLOSED	2. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- New Years Collage	2. 10am – Coffee/Teatime 10:30am – 12pm – Mental Health session w/Patrick Crawford 12pm – Lunch 12:30pm – 1:30pm –ASL Spring
	6. CLOSED (KRC)	7. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Bingo	8. 10am – Coffee/ Teatime 11am – Spirit Club Fitness w/ Chris McCrae 12pm – Lunch 1pm – Music Hour	9. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee / Teatime 12pm- Lunch 1pm- Open Games	10. 10am – Coffee/Teatime 10:30 a.m. - 12 p.m. - ASL Spring Instructor Rebekah Minson 12pm – Lunch 1pm – Social Time
	13. Roses /Foreman 7700 Marlboro Pike Forestville, MD 20747 10am-12pm	14. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm-Cross Word Puzzle	15. 10am – Coffee/ Teatime 11am – Spirit Club Fitness w/ Chris McCrae 12pm – Lunch	16. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee / Teatime 12pm- Lunch 1pm- Mental Health Awar	17. 10am – Coffee/Teatime 10:30 a.m. - 12 p.m. - ASL Spring Instructor Rebekah Minson

 	10am – Coffee/Teatime 11am – Music Hour 12pm – Lunch 1pm – Open games/ASL review		1pm – Music Hour		12pm – Lunch 1pm – Social Time
	20.  Office Closed	21. 10am – Coffee /Teatime 11am – Music Hour 12pm – Lunch 1pm – Legal Counsel new in Medicare in 2025	22. 10am – Coffee/Teatime 11am – Spirit Club Fitness w/ Chris McCrae 12pm – Lunch 1pm - Bingo	23. 10am -Body wise w/UDC Ms. Vernette 11am-Coffee/ Teatime 12pm- Lunch 1pm- Open Game	24. 10am – Coffee/Teatime 10:30 a.m. - 12 p.m. - ASL Spring Instructor Rebekah Minson 12pm – Lunch 1pm – Social Time
	27. National Deaf Life Museum 800 Florida Ave NE Washington D.C. 20002 10:30am-12pm 10am – Coffee/Teatime 11am – Bingo 12pm – Lunch 1pm – Open games/ASL review	28. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee / Teatime 12pm- Lunch 1pm- Bingo	29. 10am – Coffee/Teatime 11am – Spirit Fitness w/ Chris McCrae 12pm – Lunch 1pm – Open Game	30. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Movie Hour	31. 10am – Coffee/Teatime 10:30 a.m. - 12 p.m. - ASL Spring Instructor Rebekah Minson 12pm – Lunch 12:30pm – 1:30pm – Book Club

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.