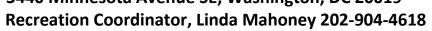


EOTR Friendship PT Johnson/DHH January Activity Calendar 2025 3440 Minnesota Avenue SE, Washington, DC 20019



DHH Recreation Coordinator, Mariaisabel Cedeno (202) 441-1537



DHA Recleation Coordinator, Mariaisaber Cederio (202) 441-1337									
	Monday	Tuesday	Wednesday	Thursday	Friday				
			OFFICE CLOSED	2. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- New Years Collage	2. 10am – Coffee/Teatime 10:30am – 12pm – Mental Health session w/Patrick Crawford 12pm – Lunch 12:30pm – 1:30pm –ASL Spring				
2025	6. CLOSED (KRC)	7. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Bingo	8. 10am – Coffee/ Teatime 11am – Spirit Club Fitness w/ Chris McCrae 12pm – Lunch 1pm – Music Hour	9. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee / Teatime 12pm- Lunch 1pm- Open Games	10. 10am – Coffee/Teatime 10:30 a.m 12 p.m ASL Spring Instructor Rebekah Minson 12pm – Lunch 1pm – Social Time				
	13.	14.	15.	16.	17.				
	Roses /Foreman	10am -Body wise		10am -Body wise w/UDC					
	7700 Marlboro Pike	w/UDC Ms. Vernette	10am – Coffee/ Teatime	Ms. Vernette	10am – Coffee/Teatime				
	Forestville, MD 20747	11am- Coffee/ Teatime	11am – Spirit Club Fitness	11am- Coffee / Teatime	10:30 a.m 12 p.m ASL Spring				
	10am-12pm	12pm- Lunch	w/ Chris McCrae	12pm- Lunch	Instructor Rebekah Minson				
	•	1pm-Cross Word Puzzle	12pm – Lunch	1pm- Mental Health Awar					

	T.				
	10am – Coffee/Teatime		1pm – Music Hour		12pm – Lunch
	11am – Music Hour				1pm – Social Time
	12pm – Lunch				
	1pm – Open games/ASL				
	review				
	20.	21.	22.	23.	24.
		10am – Coffee	10am – Coffee/Teatime	10am -Body wise w/UDC	10am – Coffee/Teatime
	MARTIN	/Teatime	11am – Spirit Club	Ms. Vernette	10:30 a.m 12 p.m ASL Spring
	LUTHER KING DAY	11am – Music Hour	Fitness w/ Chris McCrae	11am-Coffee/ Teatime	Instructor Rebekah Minson
	AAT A STEAM	12pm – Lunch	12pm – Lunch	12pm- Lunch	12pm – Lunch
		· •	1pm - Bingo	1pm- Open Game	1pm – Social Time
		1pm – Legal Counsel			
	066	new in Medicare in			
	Office Closed	2025			
	27.	28.	29.	30.	31.
	National Deaf Life		10am – Coffee/Teatime		10am – Coffee/Teatime
	Museum	10am -Body wise	11am – Spirit Fitness w/	10am -Body wise w/UDC	10:30 a.m 12 p.m ASL Spring
	800 Florida Ave NE	w/UDC Ms. Vernette	Chris McCrae	Ms. Vernette	Instructor Rebekah Minson
	Washington D.C. 20002	11am- Coffee / Teatime	12pm – Lunch	11am- Coffee/ Teatime 12pm- Lunch	12pm – Lunch
	10:30am-12pm	12pm- Lunch	1pm – Open Game	1pm- Movie Hour	12:30pm – 1:30pm – Book Club
	10am – Coffee/Teatime	1pm- Bingo			
	11am – Bingo				
	12pm – Lunch				
	1pm – Open games/ASL				
	review				

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.