

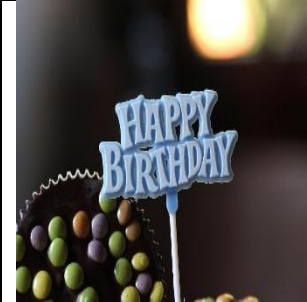


EOTR Friendship Café/Arthur Capper
1000 5th ST SE Washington, DC 20020
Recreation Coordinator Vivian Abdullah 301-580-0271

June Activity Calendar 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
	1. 10am- Greet & Meet/ Health Wellness 11am- Group Discussion 12pm- Lunch 1pm- Domino	2. 10am- Chew & Chat/ Health Wellness 11am- Scrabble 12pm- Lunch 1pm- Trivia	3. 10am- Greet & Meet w/ Health Wellness 11am- Brain Buster Games 12pm- Lunch 1pm- Table Games	4. 10am- Greet & Meet w/ Health Wellness 11am- Checkers 12pm- Lunch 1pm- Word Search	5. 10am- Greet & Meet w/ Health Wellness 11am- Chair Yoga 12pm- Lunch 1pm- Checkers
	8. 10am- Greet & Meet 11am- Exercise w/Rodney Jordan 12pm- Lunch 1pm- Word Search	9. 10am- Tea/ Coffee Hour w/ Health Wellness 11am- Effective Communication and Dementia w/ DACL Coordinator Ms. Hunt 12pm- Lunch 1pm- Domino	10. Roses 7706 Marlboro Pike Forestville MD 10AM-1PM 10am- Tea/ Coffee Hour w/ Health Wellness 11am- Brain Buster Games 12pm- Lunch 1pm- Bingo	11. 10am- Greet & Meet w/ Health Wellness 11am- Health Promotion w/ Irwin Royster 12pm- Lunch 1pm- Open Games Table	12. 10am- Social Hour/ Health Wellness 11am- Anacostia Trivia 12pm- Lunch 1pm- Music Hour
	15. 10am- Greet & Meet w/ Health Wellness 10:30am- Mental Health Session w/Maryanne 12pm- Lunch 1pm- Trivia	16. Wal-Mart Supercenter 6303 Richmond Hwy Alexandria, VA 10:00am -1:00pm 10am- Social Hour 11am- Card Making 12pm- Lunch 1pm- Monopoly	17. 10am- Chew & Chat w/Health Wellness 11am- Art & Craft (Juneteenth) 12pm- Lunch 1pm- Word Search	18. 10am- Greet & Meet 11am- Group Discussion 12pm- Lunch/ Men's Health & Nutrition Month w/Ms. Minor 1pm- Scrabble	19. DINING SITE CLOSED

	22. 10am- Greet & Meet 11am- Exersize w/ Rodney Jordan 12pm- Lunch 1pm- Domino	23. 10am- Greet & Meet w/ Health Wellness 10:30pm- Walk with Ease w/ Lockett 12pm- Lunch & Men's Health & Nutrition Month w/Ms. Minor 1pm- Music Hour	24. 10am- Social Hour 11am- Health Wellness 12pm- Lunch 1pm- Bean Bag Toss	25. 10am- Coffee/ Tea Hour 11am- Health Promotion w/ Irwin Royster 12pm-Lunch 1pm- Card Games	26. 10am- Greet & Meet w/ Health Wellness 11am- Art 12pm-Lunch 1pm- Tech Express Library
	29. 10am- Greet & Meet w/ Health Wellness 11am- Word Search 12pm- Lunch 1pm- BIRTHDAY CELEBRATION	30. 10am- Greet & Meet w/ Health Wellness 11am- Bingo 12pm- Lunch 1pm- Music Hour			

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.