

## EOTR SENIOR HEALTH & WELLNESS PROGRAM 4020 Minnesota Avenue NE, Washington, DC 20019 Kajah Watkins, Outreach Coordinator 202-423-6725 April Lee, EOTR Program Coordinator 202-669-3727

## MAY 2025 Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May is National Awareness Month for: Melanoma /Skin Cancer Awareness Month National Stroke Awareness Month Arthritis Awareness Month Healthy Vision Month	May is National Awareness Month for: Older American's Month Asian American & Pacific Islander Heritage Month Mental Health Awareness Month		1.	2.	3.
5.	6.	7. Toby's Dinner Theatre 10:30am-1:30pm 5900 Symphony Woods Rd Columbia, MD 21044 25 seniors from PT/DHH & Kenilworth  Nationals Baseball Game 12pm-3pm 1500 South Capitol St SE 23 seniors from WSWC	8.	9. EOTR Holistic Horseman Trip to Purcellville, VA 10:00am - 2:00pm Lunch provided Bernice Fonteneau SWC 3rd Session Pick up at BFSWC Location	OUTREACT
Planet Word 10:00-11:30am 21 seniors 925 13 <sup>th</sup> st NW, Washington, DC 21 seniors Arther Capper	13. Washington DC Signature Lunch Cruise Ward 1 11:00am Boarding (12:00pm - 2:00pm Cruising) Pier 4 580 Water St SW, Washington, DC	14.	15.  COMMUNITA  OUTREACH	16.	nay 9
19.	20.	21. Mayor Bowser's Senior Fest Block Party 10:30am - 3:00pm 2700 Martin Luther King Jr AVE SE	22.	23.	24.
26.	27.	28. Older American's Month Party Ward 7 10am-2pm Kenilworth Recreation Center 4321 Ord St NE, Washington, DC	29. Older American's Month Party Ward 8 10am-2pm Matthew Memorial Baptist Church 2616 Martin Luther King Jr Ave SE, Washington, DC	30. Ward 1 Councilmember Nadeau Office Senior Dance Prince Hall Masons at 1000 U Street NW	31.