








EOTR Paul L Dunbar FRIENDSHIP CAFÉ
 2001 15th st, NW DC
 Ziairra Baughan-Owens, Outreach/Partnership Rec.
 Coordinator
 202-845-3378
 Sandra Jackson, Nutrition Aide
 Melanie Dailey, Recreation Coordinator

December
 2025



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Set up Our Holiday Tree! 12pm-1pm LUNCH 1pm-2pm-Preperation for Christmas	2. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Arts n' Crafts- Ornament Decor 12pm-1pm LUNCH 1pm-2pm-Arts n' Crafts	3. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Art's & Crafts 12pm-1pm LUNCH 1pm-2pm-Art's & Crafts	4. 10am-10:30am Coffee Time 10:30am-12:00pm Counseling w Ms. Maryanne 12pm-1pm LUNCH 1pm-2pm-Uno	5. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Decorate 12pm-1pm LUNCH 1pm-2pm-BINGO ROSE'S 7706 Marlboro Pike, Forestville, MD 20747 10am-2pm	
8. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm- Monday Chew 12pm-1pm LUNCH 1:00pm-2pm A Healthy Moment & Surprise w. Irwin Royster	9. 10am-10:30am Coffee Time 10:30am-12pm Mental Health w. Dr. Crawford 12pm-1pm LUNCH 1pm-2pm-Arts n Crafts	10. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Gingerbread building 12pm-1pm LUNCH 1pm-2pm-Story Time	11. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Ring Toss 12pm-1pm LUNCH 1pm-2pm-T-shirt Tie Dye	12. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Music Hour 12pm-1pm LUNCH 1pm-2pm-BINGO	

<p>15. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Monday Chew Time 12pm-1pm LUNCH 1pm-2pm-Dominoes</p>	<p>16. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12:00pm Winter Wonderland: Paint, Sip, & Resource w. Ms. Zee 12pm-1pm LUNCH 1pm-2pm-Resin Creations</p>	<p>17. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Birdhouse Art 12pm-1pm LUNCH 1pm-2pm-UNO Excursion: 27th Annual Senior Holiday Celebration 701 Mississippi Ave SE, DC 9:30am-2pm</p>	<p>18. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Transportation Training w. Capitol Hill Village 12pm-1pm LUNCH 1pm-2pm-Let's Talk</p>	<p>19. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm--IN PERSON SPIRIT CLUB 12pm-1pm LUNCH 1pm-2pm-BINGO Paul Lawrence Dunbar Pajama Jam Day</p>	
<p>22. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Monday Chat 12pm-1pm LUNCH 1pm-2pm-What's New Next Year Excursion: Jumbo International Market 3201 Brinkley Rd, Temple Hills MD 10am-2pm</p>	<p>23. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Dominoes 12pm-1pm LUNCH 1pm-2pm-Ring Toss</p>	<p>24. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Holiday Nutrition w. Renee Afryka 12pm-1pm LUNCH 1pm-2pm-Music Hour</p>	<p>25.</p>  <p>Site Closed</p>	<p>26. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Dominoes 12pm-1pm LUNCH 1pm-2pm-BINGO</p>	
<p>29. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Monday Chew 12pm-1pm LUNCH 1pm-2pm-Let's Talk About</p>	<p>30 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-End of Year Wind down 12pm-1pm LUNCH 1pm-2pm-A New Year is Coming</p>	<p>31 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm-Music Hour 12pm-1pm LUNCH 1pm-2pm-Music Hour</p>			<p>December is... HIV/AIDS Awareness Month, Safe Toys and Gifts Month, National Impaired Driving Prevention Month (Drunk and Drugged Driving Prevention), Universal Human Rights Month, Spiritual Literacy Month, Worldwide Food Service Safety Month, Write a Business Plan Month, Operation Santa Paws Month, Seasonal Depression Awareness, National Tie Month</p>

