

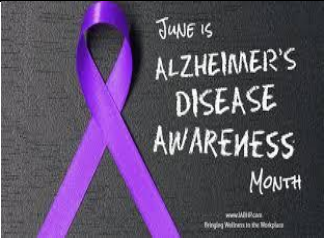





***EOTR Friendship Café/Mayfair
3744 Hayes ST NE, Washington DC 20019
Recreation Coordinator George Marrow Jr. 202-243-8986***

JUNE Activity Calendar 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
 	2. <u>CLOSED</u>	3. 10am- Coffee Hour 11am-Mental Health Session w/Crawford 12pm- Lunch 1pm- Chair Aerobics	4. 10am- Coffee/Tea Hour 11am- YouTube Fitness 12pm- Lunch 1pm-Brain Games & Trivia	5. 10am- Fitness Rodney 11am- Arm Movement Exercise 12pm- Lunch 1pm- Card Games	6. <u>CLOSED</u>
	9. <u>CLOSED</u>	10. Martha Table 10:00 am- 11:30am 2375 Elvan's Rd SE Washington , DC 10am-Coffee Hour 11am- Dance Old School Music Hour 12pm- Lunch/Nutrition Edw/Ms.Minor 1pm- Beanbag Toss	11. 10am- Coffee Hour 11am- Beanbag Toss 12pm- Lunch 1pm- Chair Aerobics	12. 10am- Fitness w/ Rodney 11am- Music Hour 12pm-Lunch 1pm- Open Games	13. <u>CLOSED</u>

	16.	<u>CLOSED</u>	17.	10am- Coffee and Tea Time 11am- Paint and Sip w/EYL Project 12pm- Lunch 1pm – Mental Stimulation	18.	10am- Fitness w/Rodney 11am – Outdoor Walking 12pm-Lunch 1pm- YouTube Chair Yoga	19.	CLOSED 	20 .	<u>CLOSED</u>
	23.	<u>CLOSED</u>	24.	10am-Chat and Chew 11am- Standing Exercises 12pm- Lunch/Nutrition Edw/Ms.Minor 1pm- Card Games	25.	10am- Coffee Hour 11am-Open Games 12pm- Lunch 1pm – Walking Hour	26.	10am- Fitness Rodney 11am-Music Hour 12pm- Lunch 1pm – BINGO With Mrs Ruth	27.	Family Affair Event 10:30 am to 2pm Fort Dupont Park
	30.	<u>CLOSED</u>								

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.