





**EOTR Friendship Café/Arthur Capper    December Activity Calendar 2024**  
**1000 5<sup>th</sup> ST SE Washington, DC 20020**  
**Recreation Coordinator Vivian Abdullah 301-580-0271**



	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
 	<p>2. 10am- Social Hour 11am- Group Discussion/ HOLIDAY 12pm- Lunch 1pm-HOLIDAY Puzzles</p>	<p>3. 10am-Greet&amp;Meet 11am-Movie Hour/ (White Christmas) 12pm- Lunch 1pm-Trivia</p>	<p>4. 10am-Chew&amp;Chat 11am-Word Search/ Memory Games 12pm-Lunch 1pm-Holiday Trivia</p>	<p>5. <b>WAL-MART</b> <b>8745 Branch Avenue</b> <b>Clinton, MD 20735</b> <b>10am-12pm</b> 10am-Social Hour 11am-Social Hour /Group Discussion <b>12pm-Lunch/ Nutrition</b> <b>Education Ms. Minor</b> 1pm- Holiday Music Hour</p>	<p>6. 10am- Coffee/Tea Time <b>10:30am- Group Mental Health Session</b> <b>w/Patrick Crawford(1.5)</b> 12pm – Lunch 1pm- Scrabble/Table Games</p>
	<p>9. 10am- Social Hour <b>11am- Fitness w/Rodney</b> 12pm-Lunch 1pm-HOLIDAY Music Hour</p>	<p>10. 10am- Greet &amp; Meet <b>11am- EOTR Social Service</b> <b>Care Coordinator</b> <b>Presentation</b> <b>12pm- Lunch/Nutrition Ed w/</b> <b>Ms. Minor</b> 1pm- HOLIDAY Word Search</p>	<p>11. <b>Mayor’s 26th Annual</b> <b>Senior Holiday</b> <b>10am-2pm</b> <b>Celebration</b> <b>2001 East Capitol Street,</b> <b>SE, WDC 20003</b></p>	<p>12. 10am-Greet &amp; Meet 10:30- Bingo 11:30am- Music 12pm- Lunch 1pm-Chitchat with Apple Cider</p>	<p>13. <b>National Mall/ Holiday Site Seeing</b> <b>1100 Ohio Drive. S.W.</b> <b>Washington D.C.</b> <b>10am-12:30pm</b> 10am- Greet &amp; Meet 11am- HOLIDAY Decoration Art 12pm- Lunch 1pm- HOLIDAY Music Hour</p>

	<p>16. 10am- Social Hour 11am-HOLIDAY Ornaments 12pm- Lunch 1pm- HOLIDAY Music Hour</p>	<p>17. 10am- Greet &amp; Meet 11am- Table Games/ Checkers <b>11:30am- SNAP Education w/Ms.Lockett</b> 12pm- Lunch 1pm- Table Games</p>	<p>18. 10am- Greet &amp; Meet/Health Wellness <b>11am- Legal Counsel for the Elderly Services</b> 12pm- Lunch 1pm- T.V. Shows</p>	<p>19. <b>AMISH MARKET</b> <b>5030 Brown Station Rd.</b> <b>Upper Marlboro, M.D.</b> <b>10am-12:30pm</b> 10am- Greet &amp; Meet 11am- T.V. Game Show 12pm- Lunch 1pm- HOLIDAY Cards</p>	<p>20. 10am- Greet &amp; Meet 11am- Open Discussion 12pm- Lunch 1pm- Stretching Exercises</p>
	<p>23. 10am- Greet &amp; Meet <b>11am- Fitness w/Rodney</b> <b>12pm- Lunch/Nutrition Education w Ms. Minor</b> 1pm-Open Gaes</p>	<p>24. 10am- Greet &amp; Meet 11am-HOLIDAY Stocking Decorating <b>12pm- HOLIDAY LUNCH/ Nutrition Ed w/ Ms. Minor</b> 1pm-Singing Songs/ (HOLIDAY Caroling)</p>	<p>25. <b>CLOSED</b></p> 	<p>26. 10am- Greet &amp; Meet/Health Wellness 11am- Open Discussion 12pm- Lunch 1pm- Mental Health Awareness</p>	<p>27. 10am- Greet &amp; Meet 11am-Maze 12pm- Lunch 1pm- Holiday Festival Discussion</p>
	<p>30. 10am- Social Hour 11am- T.V. Game Show 12pm- Lunch 1pm-Festive Music Hour</p>	<p>31. 10am- Greet &amp; Meet 11am-End of Year Festive 12pm- LUNCH <b>1pm- Birthday Celebration</b></p>			

*Part of the Senior Services Network – Supported by the Department of Aging and Community Living.*

