




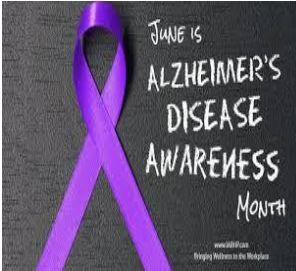




EOTR Friendship Café/Arthur Capper June Activity Calendar 2025
1000 5th ST SE Washington, DC 20020
Recreation Coordinator Vivian Abdullah 301-580-0271



	Monday	Tuesday	Wednesday	Thursday	Friday
 	2. 10am- Greet & Meet/ Health Wellness 11am- Brain Buster Game 12pm- Lunch 1pm- Maze	3. 10am- Social Hour/ Health Wellness 11am- Chair Yoga 12pm- Lunch 1pm- Music Hour	4. 10am- Greet & Meet/ Health Wellness 11am- Table Art/ Craft 12pm- Lunch 1pm- Domino	5. 10am- Chew & Chat/ Health Wellness 10:30am-Mental Health Session w/ Dr. Crawford 11am- Table Games 12pm- Lunch/Nutrition Edw/Ms.Minor 1pm- Word Search	6. 10am- Social Hour 11am- Body Stretch/ Health Wellness 12pm– Lunch 1pm- Card Games
	9. 10am- Greet & Meet/ Health Wellness 11am- Exercise w/Rodney Jordan 12pm- Lunch 1pm- Music Hour	10. 10am- Chat & Chew/ Health Wellness 11am- Table Card Games 12pm- Lunch 1pm- Bean Bag Toss	11. 10am- Greet & Meet/ Health Wellness 11am- Funky Good Times w/ Julia Heart Program 12pm- Lunch 1pm- Monopoly	12. 10am- Greet & Meet/ Health Wellness 11am- Bingo 12pm- Lunch/Nutrition Edw/Ms.Minor 1pm- Making Father's Day Cards	13. 10am- Social Hour/ Health Wellness 11am- Flag Day Craft 12pm- Lunch 1pm- Music Hour

	<p>16. 10am- Greet & Meet/ Health Wellness 11am- Checkers 12pm- Lunch 1pm- Movie Hour</p>	<p>17. 10am- Chew & Chat/ Health Wellness 11am- Group Discussion 11:30am-Snap Ed w/ Ms. Lockett 12pm-Lunch 1pm- Music Hour</p>	<p>18. 10am- Greet & Meet/ Health Wellness 11am- Juneteenth Craft 12pm- Lunch 1pm- Music Hour</p>	<p>19. CLOSED</p>  <p>JUNETEENTH</p>	<p>20. Central Union Mission 3194 Bladensburg Rd, NE. Washington D.C. 20002 10am-1pm</p> <p>10am- Chew & Chat/ Tech Express Library 11am- Group Discussion 12pm- Lunch 1pm- Scrabble</p>
 	<p>23. 10am- Chew & Chat/ Health Wellness 11am- Exercise w/Rodney Jordan 12pm- Lunch 1pm- Social Hour</p>	<p>24. 10am- Greet & Meet/ Health Wellness 11am-Paint and Sip Session w/EYL Project 12pm- Lunch 1pm- Word Search</p>	<p>25. 10am-Greet & Meet/ Health Wellness 11am- Table Games 12pm- Lunch 12:45pm- Medicare Fraud Prevention Discussion w/ Legal Counsel for the Elderly</p>	<p>26. 10am- Social Hour/ Health Wellness 11am- Bingo 12pm- Lunch 1pm-Movie Hour</p>	<p>27. 10am- Greet & Meet/ Health Wellness 11am- Monopoly 12pm- Lunch 1pm- Music Hour “Let’s Move”</p>
	<p>30. 10am- Meet & Greet/ Heath Wellness 11am- Chair Yoga 12pm- Lunch 1pm- BIRTHDAY CELEBRATION</p>				

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.