## EOTR Sarah Circle FRIENDSHIP CAFÉ 2551 17th st, NW DC

Ziairra Baughan-Owens, Outreach/Partnership Rec.

Coordinator 202-845-3378 , Nutrition Aide

Phyllis Adams, Recreation Coordinator

April 2025



Empowering Jamines, Journ, seriors, and communicies.							
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Hello APRIL  ***  ***  ***  ***  ***  ***  **  **	1. 10am-10:30am- Coffee&Tea 10:30am-11:00am-Spirit Club Virtual Exercise 11:00am-12:00pm-Bean bag Toss, Checkers 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Table Talk	2. 10am-10:30am-Coffee&Tea 10:30am-11:30- Spirit Club Virtual Exercise 11:30am-12:00pm-Painting 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Oldie but Goodies	3. 10am-10:30am- Coffee&Tea 10:30am-11:00am-Spirit Club Virtual Exercise 12:00am-1:00pm-Lunch 1:00pm-2:00pm-Word Search	4. 10am-10:30am- Coffee&Tea 10:30am-11:00am- Neighborhood Walk 11:00am-12:00pm-Vision Board Spring and Summer 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Cards	STRESS AWARENESS MONTH APRIL 2025		
7. 10am-10:30am- Coffee&Tea 10:30am-11:00- Spirit Club Virtual Exercise 11:00-12:00-Candle Making 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Puzzles	8. 10am-10:30am- Coffee&Tea 10:30am-11:00am-Spirit Club Virtual Exercise 11:00-12:00-Candle Making 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Cards	9. 10am-10:30amCoffee&Tea 10:30am-11:00am-Spirit Club Virtual Exercise 11:00-12:00-Painting 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Word Search	10. 10am-10:30am- Coffee&Tea 10:30am-11:00am-Spirit Club Virtual Exercise 11:00pm-12:00pm-Movie 12:00pm-1:00pm-Lunch 1:00pm-2:00pm-Puzzles	11. 10am-10:30am- Coffee&Tea 10:30am-11:00am- Neighborhood Walk 11:00am-12:00pm-IN- PERSON Spirit Club Exercise 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Music Hour	AUTISM AWARENESS MONTH		

14. 10am-10:30am- Coffee&Tea 10:30am-11:00am- Neighborhood Walk 11:00am-12:00pm-Game of Life 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Looming	15. 10am-10:30am- Coffee&Tea 10:30am-11:00am Spirit Club Virtual Exercise 11:00am-12:00pm-Clay Molds 12:00pm-1:00pm Lunch 1:00pm-2:00pm DIY TYE DYE SOCKS	DCEMANCIPATION	17. 10am-10:30am- Coffee&Tea 10:30am-11:00am- Neighborhood Walk 11:00am-12:00pm-Easter Basket Making 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Table Puzzles	18. 10am-10:30am- Coffee&Tea 10:30am-11:00am-Spirit Club Virtual Exercise 11:00am-12:00pm AARP x LCE: Part B vs Part D Drugs and Fraud Topic: Pharmacy fraud 12:00pm-1:00pm Lunch 1:00pm-2:00pm Clay Molds	April is IBS Awareness Month
21. 10am-10:30am- Coffee&Tea 10:30am-11:00am-Spirit Club Virtual Exercise 11:00am-12:00pm-Bean Bag Toss, Tic-tac-toe, 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Table Talk	22. 10am-10:30am- Coffee&Tea 10:30am-11:30am Neighborhood Walk to 14 <sup>th</sup> St 11:30am-12:00pm-Cards 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Music Time	23. 10am-10:30am-Coffee&Tea 10:30am-11:00- Spirit Club Virtual Exercise 11:00-12:00- Food Jonezi Live Chef Demo 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Cards	24. 10am-10:30am- Coffee&Tea 10:30am-11:00am- Neighborhood Walk 11:00am-12:00pm-Triva Pursuit 12:00pm-1:00pm Lunch 1:00pm-2:00pm- Checkers, Cards	25. 10am-10:30am- Coffee&Tea 10:30am-11:00am- Spirit Club Virtual Exercise 11:00am-12:00pm- Arts&Craft 12:00pm-1:00pm Lunch 1:00pm-2:00pm- Looming	Parkinson Awareness Month
28. 10am-10:30am- Coffee&Tea 10:30am-11:00am-Spirit Club Virtual Exercise 11:00-12:00-Arts&Craft 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Domino's	29. 10am-10:30am- Coffee&Tea 10:30am-11:00am-Spirit Club Virtual Exercise 11:00am-12:00pm- Monopoly 12:00pm-1:00pm Lunch 1:00pm-2:00pm- Unscrabble Words	30. 10am-10:30am-Coffee&tea 10:30am-11:00- Spirit Club Virtual Exercise 11:00-12:00-Movies 12:00pm-1:00pm Lunch 1:00pm-2:00pm-Word Search	April isAlcohol Awareness Month, Distracted Driving Awareness Month, Global Child Nutrition Month, Irritable Bowel Syndrome Awareness Month, Medicaid Awareness Month, National Autism Acceptance Month, National Cancer Control Month	April is alsoNational Child Abuse Prevention Month, National Donate Life Month, National Facial Protection Month, National Foot Health Awareness Month, National Minority Health, National Primary Immunodeficiency Awareness Month	"April showers bring May Flowers"