


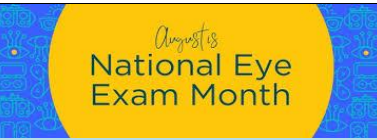





EOTR Sarah Circle FRIENDSHIP CAFÉ  
2551 17th st, NW  
Ziairra Baughan-Owens, Outreach/Partnership Rec.  
Coordinator  
202-845-3378  
Louis Fontaine, Nutrition Aide  
Phyllis Adams, Recreation Coordinator

August 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>“What happens to a dream deferred?</b></p> <p><b>Does it dry up like a raisin in the sun? Or fester like a sore— And then run?</b></p>	<p><b>Does it stink like rotten meat?</b></p> <p><b>Or crust and sugar over— like a syrupy sweet?</b></p>	<p><b>Maybe it just sags like a heavy load.</b></p> <p><b>Or does it explode?”</b></p> <p><i>- Harlem By Langston Hughes</i></p>	<p>1. 10am-10:30am- Coffee&amp;Tea <b>10:30am-11am Virtual Spirit Exercise</b> <b>11:00am-12:00pm-Fan Painting</b> 12:00pm-1:00pm LUNCH <b>1:00pm-2:00pm-Puzzles</b></p>	
<p>4. 10am-10:30am Coffee&amp;Tea <b>10:30am-11am Game Day!</b> <b>11:00am-12:00pm-Arts and Crafts</b> 12:00pm-1:00pm LUNCH 1:00pm-2:00pm- Unscrabble Words</p>	<p>5. 10am-10:30am-Coffee&amp;Tea <b>10:30am-11am Peace within Paint</b> <b>11:00am-12:00pm-IN PERSON SPIRIT CLUB</b> 12:00pm-1:00pm LUNCH 1:00pm-2:00pm-Monopoly</p>	<p>6. 10am-10:30am-Coffee&amp;Tea <b>10:30am-11am Virtual Spirit Exercise</b> <b>11:00am-12:00pm-Tea&amp;Chit chat</b> 12:00pm-1:00pm LUNCH 1:00pm-2:00pm-Uno EXCURSION: Montgomery Mall 7101 Democracy Blvd, Bethesda, MD 20817 10am-2pm</p>	<p>7. 10am-10:30amCoffee&amp;Tea <b>10:30am--12:00pm GROUP MENTAL HEALTH COUNSELING SESSION</b> 12:00pm-1:00pm LUNCH 1:00pm-2:00pm-Guess who this famous person is</p>	<p>8. 10am-10:30am- Coffee&amp;Tea <b>10:30am-12pm-Brain Health w/ Sibley Memorial in SPANISH</b> 12:00pm-1:00pm LUNCH <b>1:00pm-2:00pm Walking Club</b></p>	
<p>11. 10am-10:30am- Coffee&amp;Tea <b>10:30am-11am Virtual Spirit Exercise</b> <b>11:00am-12:00pm-Dominoes</b> 12:00pm-1:00pm LUNCH 1:00pm-2:00pm-Bean Bag Toss</p>	<p>12. 10am-10:30am Coffee&amp;Tea <b>10:30am-11am Virtual Spirit Exercise</b> <b>11:00am-12:00pm-ARTS AND CRAFTS ART GALA PREP</b> 12:00pm-1:00pm LUNCH 1:00pm-2:00pm-Memory game</p>	<p>13. 10am-10:30am-Coffee&amp;Tea <b>10:30am-11am-Neighborhood Walk</b> <b>11:00am-12:00pm-IN PERSON SPIRIT CLUB</b> 12:00pm-1:00pm LUNCH 1:00pm-2:00pm-Triva pursuit</p>	<p>14. 10am-10:30am-Coffee&amp;Tea <b>10:30am-11am Virtual Spirit Exercise</b> <b>11:00am-12:00pm-Tie Dye</b> 12:00pm-1:00pm LUNCH 1:00pm-2:00pm-Oldie butt goodies EXCURSION: Amish Market 5030 Brown Station Rd, 10AM-2PM</p>	<p>15. 10am-10:30am- Coffee&amp;Tea <b>10:30am-11am Peace within Paint</b> <b>11:00am-12:00pm-IN PERSON SPIRIT CLUB</b> 12:00pm-1:00pm LUNCH 1:00pm-2:00pm - Unscrabble Words</p>	 

<p>18.</p> <p>10am-10:30am-Coffee&amp;Tea  <b>10:30am-11am Virtual Spirit Exercise</b>  11:00am-12:00pm-Loooming  12:00pm-1:00pm LUNCH  1:00pm-2:00pm-Uno</p>	<p>19.</p> <p>10am-10:30am-Coffee&amp;Tea  <b>10:30am-11am Virtual Spirit Exercise</b>  11:00am-12:00pm-CLEAR CAPTION  <b>PRESENTATION- FREE PHONE RESOURCE</b>  12:00pm-1:00pm LUNCH  1:00pm-2:00pm-Word search</p>	<p>20.</p> <p>10am-10:30am-Coffee&amp;Tea  <b>10:30am-11am Whats in the News?</b>  11:00am-12:00pm-Arts and Crafts  12:00pm-1:00pm LUNCH  <b>1:00pm-2:00pm IN PERSON SPIRIT CLUB W. CHRIS</b></p>	<p>21.</p> <p>10am-10:30amCoffee&amp;Tea  <b>10:30am--12:00pm GROUP MENTAL HEALTH COUNSELING SESSION</b>  12:00pm-1:00pm LUNCH  <b>1:00pm-2:00pm-IN-PERSON SPIRIT CLUB W. PAT</b></p>	<p>22.</p> <p>10am-10:30am-Coffee&amp;Tea  <b>10:30am-12pm-Brain Health w/ Sibley Memorial in SPANISH</b>  12:00pm-1:00pm LUNCH  1:00pm-2:00pm- - Unscrabble Words</p>	
<p>25.</p> <p>10am-10:30am-Coffee&amp;Tea  <b>10:30am-11am Virtual Spirit Exercise</b>  11:00am-12:00pm-Painting  12:00pm-1:00pm LUNCH  1:00pm-2:00pm-Word Search</p>	<p>26.</p> <p>10am-10:30am-Coffee&amp;Tea  <b>10:30am-11am- Neighborhood Walk</b>  11:00am-12:00pm-Table Puzzles  12:00pm-1:00pm LUNCH  1:00pm-2:00pm-Music movement and Dance</p>	<p>27.</p> <p>10am-10:30am-Coffee&amp;Tea  <b>10:30am-11am Virtual Spirit Exercise</b>  11:00am-12:00pm-Domino's  12:00pm-1:00pm LUNCH  1:00pm-2:00pm-Unscabble Words</p>	<p>28.</p> <p>10am-10:30am-Coffee&amp;Tea  <b>10:30am-11am Virtual Spirit Exercise</b>  11:00am-12:00pm-Nutrition w. Renee Afryka  12:00pm-1:00pm LUNCH  1:00pm-2:00pm-- Unscrabble Words</p> <p><b>*BOXED LUNCHES WILL BE PROVIDED FOR 8/29 SITE CLOSURE*</b></p>	<p>29.</p> <p>Site Closure for Staff Training/ Discretionary Day</p> 	<p><b>August is...</b>Children’s Eye Health and Safety Awareness Month, Digestive Tract Paralysis Awareness Month, <a href="#">Gastroparesis</a> Awareness Month, National <a href="#">Breastfeeding</a> Month, National Eye Exam Month, National Immunization Awareness Month, Psoriasis Action Month, Spinal Muscular Atrophy Awareness Month, Summer Sun Safety Month, National Minority Donor Awareness Day, World Lung Cancer Day,</p>