

EOTR Friendship PT Johnson/DHH May Activity Calendar 2025 3440 Minnesota Avenue SE, Basement, Washington, DC 20019 DHH Recreation Coordinator, Mariaisabel Cedeno: (202) 441-1537

PT Johnson Recreation Coordinator, Gwynne Swaringer





Monday	Tuesday	Wednesday	Thursday	Friday
May Themes: Older Ame	rican Awareness Month;	1	2	
Pacific Islander Heritage I	Month; Jewish American	10am -Body wise	10am – Coffee/Teatime	
Health Awareness Month	; National Foster Care Mo	w/ UDC Ms.	10:15am – Gallaudet	
Appreciation Month; Nat	ional Physical Fitness and	<b>Vernette</b>	<b>Dance Company Watch</b>	
Bike Month; National Barbecue Month			11am- Coffee/	Party Party
			Teatime	11am- Games
Birth	nday Acknowledgeme	12pm- Lunch	12pm – Lunch &	
	Deborah Floyd May 7 <sup>th</sup>	1pm- Open Games	Nutritional Ed Session w.	
	nne Washington May		Ms. Minor	
100	ille wasilligion way		1pm – Activity Idea	
			Brainstorming	
5	6	7	8	9
(CLOSED)	10am -Body wise w/	<b>Toby's Dinner Theater</b>	10am -Body wise	Fox 5 News Station Tour
KRC	<b>UDC Ms. Vernette</b>	<mark>5900 Symphony</mark>	w/ UDC Ms.	7272 Wisconsin Ave,
10am – Coffee/Teatime	11am- Coffee/	Woods Rd, Columbia,	<b>Vernette</b>	Bethesda, MD 20814
10:30am – <i>ASL Spring</i>	Teatime	MD 21044	11am- Coffee/	<mark>11:00am - 12pm</mark>
Class w/ ASL Instructor,	12pm- Lunch	<mark>9:30am-2pm</mark>	Teatime	10 am – Coffee/Teatime
Rebekah Minson	1pm- Painting	10 am – Coffee/	12pm- Lunch	11am – Table Talk
12pm – Lunch		Teatime	1pm- Open Board	12pm – Lunch
1pm – Open game			Games	1pm – Open Games

			11am – Spirit Club Fitness w/ Chris McCrae 12 pm – Lunch 1 pm – Open Games		
	12	13	14	15	16
	10am – Coffee/Teatime	10am -Body wise w/	10 am – Coffee/	10am -Body wise	10 am – Coffee/Teatime
	10:30am – <i>ASL Spring</i>	<b>UDC Ms. Vernette</b>	Teatime	<mark>w/ UDC Ms.</mark>	<mark>10:30am – 12pm – Menta</mark> l
	Class w/ ASL Instructor,	11am- Movie/Coffee	11am – Spirit Club	<b>Vernette</b>	<b>Health with Mr. Crawford</b>
	Rebekah Minson	12pm- Lunch	Fitness w/ Chris	11am- Coffee/	12pm – Lunch &
	12pm – Lunch	1pm- open games	<b>McCrae</b>	Teatime	Nutritional Ed Session w.
	1pm – Bingo		12 pm – Lunch	12pm- Lunch	Ms. Minor
			1 pm – corn hole toss	1pm- Table Talk	1pm – Jewelry Making
Mo & M.	19	20	21	22	23
I W An In the Ch	(CLOSED)	10am -Body wise w/	Mayor Bowser's	10am -Body wise	10am – Coffee/Teatime
( ) Cont ": Grand: CTOM	KRC	<b>UDC Ms. Vernette</b>	<b>Senior Fest Block Party</b>	w/ UDC Ms.	11am – Painting/ Diamond
	<b>Golden Corral Senior</b>	11am- Coffee/	10:30am - 3:00pm	<mark>Vernette</mark>	Art
	<mark>Brunch</mark>	Teatime	10 am – Coffee/	11am- Coffee/	12pm – Lunch
To a second to the second to t	2800 Crain Highway	12pm- Lunch	Teatime	Teatime	1pm – Chair Yoga
	Waldorf, MD 20601	1pm- Corn hole toss	11am - Spirit Club	12pm- Lunch	
1 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	10:30AM - 12PM		Fitness w/ Chris	1pm- Social Time	
	10am – Coffee/Teatime		<b>McCrae</b>		
			12 pm – Lunch		
			1 pm – Social Time		

10:30am – ASL Spring Class w/ ASL Instructor, Rebekah Minson 12pm – Lunch 1pm – Open game				
*OFFICE CLOSED* MEMORIAL DAY  REMEMBER & HONOR	10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Bouquet Making	Old American Celebration at Kenilworth Recreation Center 4321 Ord St NE Washington, DC 20019 10:30am - 2pm 10am - Coffee/ Teatime 11am - Open Games 12pm - Lunch	10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Open Games	30 10am – Coffee/Teatime 10:30am – ASL Spring Class w/ ASL Instructor, Rebekah Minson 12pm – Lunch 1pm – Bingo

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.