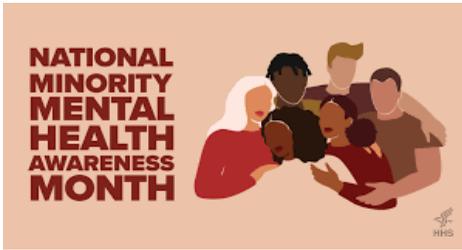




**EOTR Friendship Café/Mayfair**  
**3744 Hayes ST NE, Washington DC 20019**  
**Recreation Coordinator George Marrow Jr. 202-243-8986**

**JULY Activity Calendar 2025**



	Monday	Tuesday	Wednesday	Thursday	Friday
  	<b><u>CLOSED</u></b>	1. 10am- Coffee Hour 11am- Beanbag Toss 12pm- Lunch 1pm- Chair Aerobics	2. 10am- Coffee Hour <b>11am- Motown Musical Chairs/Julia Heart Program</b> 12pm- Lunch 1pm- Chair Aerobics	3. <b>10am- Fitness Rodney</b> 11am- Arm Movement Exercise 12pm- Lunch 1pm- Card Games	4. <b><u>CLOSED</u></b> 
	<b><u>CLOSED</u></b>	8. <b>DDS DEPT STORE</b> <b>14170 Baltimore ave,</b> <b>Laurel Md</b> 10am-Coffee Hour 11am- Dance Old School Music Hour 12pm- Lunch 1pm- Beanbag Toss	9. 10am- Coffee Hour <b>11am- Fire Safety Education w/ Fire Safety Specialist Patricia Everett</b> 12pm- Lunch 1pm- Chair Aerobics	10. <b>10am- Fitness w/ Rodney</b> 11am- Music Hour 12pm-Lunch 1pm- Open Games	<b><u>CLOSED</u></b>

   	14.	15.	16.	17.	18.
	<b><u>CLOSED</u></b>	10am- Tea/Cofee Time <b>10:30am- Mental Health Session w/Dr.Crawford</b> <b>12pm- Lunch/Nutrition Ed w/Ms.Minor</b> 1pm – Pokeno	10am- Coffee/Tea Time <b>11am-Minority Mental Health Session w/Dr. Phronie</b> 12pm-Lunch <b>1pm-Minority Mental Health Session w/Dr. Phronie</b>	<b>10am- Fitness w/Rodney</b> <b>11am-Fianacial Exploitation Presentation w/TB Bank</b> 12pm- Lunch 1pm- Pokeno	<b><u>CLOSED</u></b>
	21.	22.	23.	24.	25.
<b><u>CLOSED</u></b>	10am-Chat and Chew <b>11am- Fabric Art Session w/EYL Project</b> <b>12pm- Lunch/Nutrition Ed w/Ms.Minor</b> 1pm- Card Games	10am- Coffee Hour 11am-Open Games 12pm- Lunch 1pm – Pokeno	<b>10am- Fitness Rodney</b> 11am-Music Hour 12pm- Lunch <b>1pm – BINGO With Mrs. Ruth</b>	<b>DISCRETIONARY DAY SITE CLOSED</b>	
28.	29.	30.	31.		
<b><u>CLOSED</u></b>	10am- Coffee/Tea Hour 11am- YouTube Fitness 12pm- Lunch 1pm-Brain Games & Trivia	10am- Social Time 11am- Dance Hour - Old School Music 12pm- Lunch 1pm – Bean Bag/Open games	<b>10am- Fitness Rodney</b> 11am- Beanbag Toss 12pm- Lunch 11am- Chair Aerobics	<b><u>CLOSED</u></b>	

*Part of the Senior Services Network – Supported by the Department of Aging and Community Living.*