

## EOTR Friendship Café / Arthur Capper 1000 5<sup>th</sup> ST SE Washington D.C. 20003

Washington D.C. 20003 Community Dining Site Supervisor Linda Mahoney 202-904-4618

## February 2023 Activity Calendar



## Happy Birthday to all clients celebrating this month!!!



Facial Masks are Required.

Proof of vaccination required.

	Monday	Tuesday	Wednesday	Thursday	Friday
	BLACK HISTORY MONTH  FEBRUARY  BLACK HISTORY MONTH		1. 11:00am DC Central Kitchen Cooking Demo 12:00pm LUNCH TIME 1:00pm Open Chat 2:00pm Card Games	2. Groundhog Day Stop 1: MLK Memorial 11:00am-12:00pm Stop 2: Golden Corral 12:30pm-2:00pm	3. 11:00am YouTube- Fitness 12:00pm LUNCH TIME 1:00pm Checkers 2:00pm Art & Crafts
	6. 11:00am YouTube- Fitness 12:00pm LUNCH TIME 1:00pm Crossword Puzzle 2:00pm Family Feud	7. 11:00am Nutrition Education with Ms. Minor 12:00pm LUNCH TIME 1:00pm Card Games 2:00pm Oldies & Goodies	8. 11:00am Black History Reflection 12:00pm LUNCH TIME 1:00pm SPIRIT Club in-person fitness 2:00pm Open Game time	9. National Pizza Day 11:00am Oculus Virtual Reality 12:00pm LUNCH TIME 1:00pm In-person Cooking Demo w. Chef Katrell (Food Bag Provided) 2:00pm Bean Bag Toss	10. Publick Playhouse Black History in Motion 9:30am-1:00pm 5445 Landover Rd. Hyattsville, MD 20784 ONLY 18 slots available
9	13.  Valentines at Busboys and Poets  10:00am-2:00pm 235 Caroll St NW Washington, DC 20012  ONLY 15 slots available	14. Valentine's Day 11:00am Tea Time 12:00pm LUNCH TIME 1:00pm Checkers 2:00pm Guess Who Game	15. 11:00am SPIRIT Club in-person fitness 12:00pm LUNCH TIME 1:00pm Paint & Sip 2:00pm Black History Trivia	16. 11:00am YouTube- Fitness 12:00pm LUNCH TIME 1:00pm Family Feud 2:00pm Bean Bag Toss	17. 11:00am Nutrition Education with Ms. Minor 12:00pm LUNCH TIME 1:00pm Romantic Movie 2:00pm Romantic Movie
	20. SITES CLOSED  PRESIDENTS' DAY	21. 11:00am Coffee Hour 12:00pm LUNCH TIME 1:00pm Card Games 2:00pm Bean Bag Toss	22. Ash Wednesday 11:00am SPIRIT Club in-person fitness 12:00pm LUNCH TIME 1:00pm Black History Movie 2:00pm Black History Movie	23. 11:00am Tea Time 11:30am Legal Counsel in person Medicare Enrollment, New services, and Scam 12:00pm LUNCH TIME 1:00pm In-person Cooking Demo w. Chef Katrell (Food Bag Provided) 2:00pm Work Search	The Arc: Chisholm Effect 9:30am-12:00pm 1901 Mississippi Ave SE Washington, DC 20020
	27. 11:00am YouTube- Fitness 12:00pm LUNCH TIME 1:00pm Bean Bag Toss 2:00pm Puzzles	28. 11:30am SNAP Ed. W/ Ms. Lockett 12:00pm LUNCH TIME 1:00pm Word Search 2:00pm Card Games	FEBRUARY IS  AMERICAN  HEART  MONTH	February Celebrations  Congenital heart defect awareness  Black History  Grapefruit month  Library Lovers  American Heart Month	February NATIONAL CANNED FOOD MONTH Cars Get You COOKING