

EOTR Arthur Capper Friendship Café 1000 5th ST SE Washington D.C. 20003 Community Dining Site Supervisor Linda Mahoney 202-904-4618

June 2023

Activity Calendar



Happy Birthday to all clients celebrating this month!!!



Register for Senior Prom: Sunset Serenade by July 7th with your Dining Site Supervisor. Donation of \$20 requested.

	Monday	Tuesday	Wednesday	Thursday	Friday
	JUNE LGBTQIA PRIDE MONTH	Father's Day Sun 18th June 2023	ALZHEIMER'S AND BRAIN AWARENESS MONTH	1. 10:00am Coffee Hour 11:00am Card Games 12:00pm LUNCH TIME 1:00pm BINGO	2. 10:00am YouTube Fitness 11:00am Oldies & Goodies 12:00pm LUNCH TIME 1:00pm Movie
	5. 10:00am YouTube Fitness 11:00am Music Hour 12:00pm LUNCH TIME 1:00pm Card Games	6. 10:00am Teatime 11:00am SPIRIT Club Fitness w/ Prince 12:00pm LUNCH TIME 1:00pm Open Game Time 13.	7. Senior SPA Day 9:45am-2:00pm Fort Stanton Recreation Center 1812 Erie Street SE Washington, DC 20020	8. 10:00am Current Events 11:00am Pokeno 12:00pm LUNCH TIME 1:00pm Music Hour	9. 10:00am YouTube Fitness 11:00am Movie 12:00pm LUNCH TIME 1:00pm Movie Continued
	10:00am YouTube Fitness 11:00am DC Fire EMS 12:00pm LUNCH TIME 1:00pm Word Puzzles	10:00am Walking Club 11:00am Game Time 12:00pm LUNCH TIME 1:00pm - BINGO	10:00am Chat & Chew 11:00am Arts for Aging - Weaving Music and Movement with Deborah & Wendy 12:00pm LUNCH TIME 1:00pm SPIRIT Club Fitness w/ Prince	Laurel - Shopping Trip 10:00am - 2:00pm Stop 1: 2 nd Avenue Thrift Laurel Stop 2: Walmart Laurel Supercenter	10:00am YouTube Fitness 11:00am Nutrition Education w/ Ms. Minor 12:00pm LUNCH TIME 1:00pm Wind Down Hour
e	CLOSED IN OBSERVANCE OF JUNETEENTH	20. 10:00am Walking Club 11:00am SNAP Ed. w/ Ms. Lockett 12:00pm LUNCH TIME 1:00pm Oldies & Goodies	21. 10:00am Coffee Talk 11:00am Arts for Aging - Weaving Music and Movement with Deborah & Wendy 12:00pm LUNCH TIME 1:00pm SPIRIT Club Fitness w/ Prince	22. 10:00am Walk the Block 11:00am BINGO 12:00pm LUNCH TIME 1:00pm Card Games	Marlo Cinema 6 10:00am-2:00pm 3899 Branch Avenue Temple Hills, MD 20748
e O	26. 10:00am YouTube Fitness 11:00am Nutrition Education w/ Ms. Minor 12:00pm LUNCH TIME 1:00pm Music Happy Hour	27. 10:00am Walk the Block 11:00am Arts & Crafts 12:00pm LUNCH TIME 1:00pm BINGO	28. Senior Symposium Time: TBD Ballou Highschool 3401 4th St SE Washington, DC 20032	29. 10:00am Current Events 11:00am TV Time 12:00pm LUNCH TIME 1:00pm Open Game Time	30. 10:00am YouTube Fitness 11:00am JENGA 12:00pm LUNCH TIME 1:00pm Oldies & Goodies

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.