



EOTR Friendship Café / Arthur Capper
 1000 5th ST SE
 Washington D.C. 20003
 Community Dining Site Supervisor
 Linda Mahoney 202-904-4618

March 2023 Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Happy Birthday to all clients celebrating this month!!!</p>  <p>Facial Masks are Required.</p> <p>Proof of vaccination required.</p>	<p>March Celebrations</p> <ul style="list-style-type: none"> National Disability Awareness National Nutrition month Irish American Heritage Women's History Month National Reading Month Multiple Sclerosis Awareness Month 		<p>1. 11:00am Coffee Hour 12:00pm LUNCH TIME 1:00pm In Person Fitness w/ SPIRIT Club's Prince 2:00pm Card Games</p>	<p>2. Martha's Table 11:00am-2:00pm Stop 1: Martha's Table Lobby Commons Stop 2: Martha's Outfitters</p>	<p>3. 11:00am Walking Club 12:00pm LUNCH TIME 1:00pm Card Games 2:00pm Oldies & Goodies</p>
	<p>6. International Spy Museum 11:00am-2:00pm 700 L'Enfant Plaza SW Washington, DC 20024</p>	<p>7. 11:00am Walking Club 12:00pm LUNCH TIME 1:00pm BINGO 2:00pm Music Hour</p>	<p>8. 11:00am Teatime 12:00pm LUNCH TIME 1:00pm In Person Fitness w/ SPIRIT Club's Prince 2:00pm Oldies & Goodies</p>	<p>9. 11:00am Gym Time 11:30am Financial Literacy 101 12:00pm LUNCH TIME 1:00pm Card Game 2:00pm Pokeno </p>	<p>10. 11:00am Walking Club 12:00pm LUNCH TIME 1:00pm Movie 2:00pm Movie Continued</p>
	<p>13. 11:00am Nutrition Ed. with Ms. Minor 12:00pm LUNCH TIME 1:00pm BINGO 2:00pm Word Puzzles</p>	<p>14. 11:00am Walking Club 12:00pm LUNCH TIME 1:00pm St. Patrick's Craft Kits 2:00pm Open Game time</p>	<p>15. 11:00am Chat & Chew 12:00pm LUNCH TIME 1:00pm In Person Fitness w/ SPIRIT Club's Prince 2:00pm Jenga</p>	<p>16. Dutch Village Farmers Market 10:00am-2:00pm 5030 Brown Station Rd Upper Marlboro, MD 20772</p>	<p>17. 11:00am Walking Club 12:00pm LUNCH TIME 1:00pm Karaoke 2:00pm Bean Bag Toss</p>
	<p>20. 11:00am Walking Club 12:00pm LUNCH TIME 1:00pm Movie 2:00pm Movie Continued</p>	<p>21. 11:00am Chat & Chew 11:30am SNAP Education w/ Ms. Lockett 12:00pm LUNCH TIME 1:00pm Bean Bag Toss 2:00pm Puzzles</p>	<p>22. 11:00am Current Events 11:30am Paint & Sip w/ Ms. Rain 12:00pm LUNCH TIME 1:00pm In Person Fitness w/ SPIRIT Club's Prince 2:00pm Oldies & Goodies</p>	<p>23. 11:00am Gym Time 12:00pm LUNCH TIME 1:00pm Karaoke 2:00pm BINGO</p>	<p>24. Shopping Trip 11:00am-2:30pm Stop 1: 2nd Ave Thrift Store Stop 2: Walmart Supercenter Alexandria VA</p>
	<p>27. 11:00am Walking Club 12:00pm LUNCH TIME 1:00pm Bean Bag Toss 2:00pm BINGO</p>	<p>28. 11:00am Walking Club 12:00pm LUNCH TIME 1:00pm Jenga 2:00pm Oldies & Goodies</p>	<p>29. 11:00am Bean Bag Toss 12:00pm LUNCH TIME 1:00pm In Person Fitness w/ SPIRIT Club's Prince 2:00pm Open Game time</p>	<p>30. 11:00am Gym Times 12:00pm LUNCH TIME 1:00pm Movie 2:00pm Movie Continued</p>	<p>31. Cherry Blossom Sightseeing 11:00am-2:00pm 1501 Maine Ave SW Washington DC 20024</p>

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.