







Arthur Capper/Friendship Café  
 1000 5th Street SE, Washington , DC 200  
 Linda Mahoney (202)904-4618

August 2023 Activity Calander



	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Happy Birthday to all clients celebrating this month!!!</b></p> 	<p>1. 10am- Tea/Coffee Time 11:00am- Family Feud 12:00pm- Lunch 1:00pm- Card Game</p>	<p>2. 10am- Tea/Coffee Time 11:00am- Dr. Patrick Coplin 12:00pm- Lunch 1:00pm- In person Fitness/Rodney</p>	<p>3.</p> <p>Iverson Mall 10:00am-1:00pm 3737 Branch Ave Hillcrest Heights Maryland 20748</p> <p>1 pm- Lunch at the Site</p>	<p>4. 10am- Tea/Coffee Time 11:00am- Movie 12:00pm- Lunch 1:00pm-Bingo</p>	
	<p>7. 10am- Tea/Coffee Time 11:00am- Movie 12:00pm- Lunch 1:00pm-Odie /Goodies</p>	<p>8. 10am- Tea/Coffee Time 11:00am- Family Feud 12:00pm- Lunch 1:00pm- Nutrition Education Ms. Minor</p>	<p>9. 10am- Tea/Coffee Time 11:00am- Dr. Patrick Coplin 12:00pm- Lunch 1:00pm- In person Fitness/Rodney</p>	<p>10. 10am- Tea/Coffee Time 11:00am- Chat and Chew 12:00pm- Lunch 1:00pm-Bingo</p>	<p>11. 10am- Tea/Coffee Time 11:00am- Movie 12:00pm- Lunch 1:00pm-Odie /Goodies</p>
	<p>14. 10am- Tea/Coffee Time 11:00am- Current Event 12:00pm- Lunch 1:00pm- Self Care Ms. Robinson</p>	<p>15. 10am- Tea/Coffee Time 11:00am- Movie 12:00pm- Lunch 1:00pm-Family Feud</p>	<p>16. 10am- Tea/Coffee Time 11:00am- Dr. Patrick Coplin 12:00pm- Lunch 1:00pm- In person Fitness/Rodney</p>	<p>17. <b>Community Dining Site Closed</b></p>	<p>18. 10am- Tea/Coffee Time 11:00am- Chat and Chew 12:00pm- Lunch 1:00pm-Bingo</p>
	<p>21. 10am- Tea/Coffee Time 11:00am- Family Feud 12:00pm- Lunch 1:00pm-Card game</p>	<p>22. 10am- Tea/Coffee Time 11:00am- Legal Aid/AARP presentation 12:00pm- Lunch 1:00pm-Card game</p>	<p>23. 10am- Tea/Coffee Time 11:00am- Chat and Chew 12:00pm- Lunch 1:00pm-Puzzles</p>	<p>24. 10am- Tea/Coffee Time 11:00am- Movie 12:00pm- Lunch 1:00pm-Walking Club</p>	<p>25. Walmart 10am - 1pm 3549 Russett Green E, Laurel, MD 20724</p> <p>1 pm- Lunch at the Site</p>

	28. 10am- Tea/Coffee Time 11:00am- Family Feud 12:00pm- Lunch 1:00pm-Card game	29. 10am- Tea/Coffee Time 11:00am- Family Feud 12:00pm- Lunch <b>1:00pm-Nutrition Education</b> <b>Ms. Minor</b>	30. 10am- Tea/Coffee Time 11:00am- Movie 12:00pm- Lunch 1:00pm-Walking Club	31. 10am- Tea/Coffee Time 11:00am- Movie 12:00pm- Lunch 1:00pm-Walking Club	
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*Part of the Senior Services Network – Supported by the Department of Aging and Community Living.*