



EOTR Arthur Capper Friendship Café  
 1000 5<sup>th</sup> ST SE Washington D.C. 20003  
 Community Dining Site Supervisor  
 Linda Mahoney 202-904-4618

**July 2023**  
**Activity Calendar**



	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Happy Birthday to all clients celebrating this month!!!</b></p> <p>Register for Senior Prom: Sunset Serenade by July 17<sup>th</sup> with your Dining Site Supervisor. Donation of \$20 requested.</p>	<p>3.            10:00am Coffee Hour            11:00am Movie            12:00pm LUNCH TIME            1:00pm Movie</p>	<p>4.              Happy Fourth of July  <small>Our office will be closed July 4th in observance of Independence Day.</small></p>	<p>5.            10:00am Coffee Hour            11:00am Spirit Club Fitness w/ Eugene            12:00pm LUNCH TIME            1:00pm Family Feud</p>	<p>6.            10:00am Martha's Table            2375 Elvans Rd SE            10:00 am-11:00 am            11:30am Family Feud            12:00pm LUNCH TIME            1:00pm Movie</p>	<p>7.            10:00am Coffee Talk            11:00am Chat Time            12:00pm LUNCH TIME            1:00pm Family feud</p>
	<p>10.            10:00am Coffee Hour            11:00am Arts for Aging Close-Up Collage w/ Jackie and Jason            12:00pm LUNCH TIME            1:00pm Card Games</p>	<p>11.            10:00am Chat Time            11:00am Senior Medicare Patrol presentation - Prescription Drug Costs            12:00pm LUNCH TIME            1:00 pm Spirit Club Fitness w/ Prince</p>	<p>12.            10:00am Nutrition Education w/ Ms. Minor            11:00am Chat Time            12:00pm LUNCH TIME            1:00pm Game Time</p>	<p>13.            Dutch Village Farmers Market            10:00am-2:00pm            5030 Brown Station Rd            Upper Marlboro, MD 20772            (Boxed Lunch will be provided)</p>	<p>14.            10:00am Teatime            11:00am Chat Time            12:00pm LUNCH TIME            1:00pm Mary Kay</p>
	<p>17.            10:00am Teatime            11:00am Arts for Aging Close-Up Collage w/ Jackie and Jason            12:00pm LUNCH TIME            1:00pm Game time</p>	<p>18.            10:00am Oldies Music            11:00am SNAP Ed. w/ Ms. Lockett            12:00pm LUNCH TIME            1:00pm Spirit Club Fitness w/ Prince</p>	<p>19.            10:00am Coffee Hour            11:00am Chat Time            12:00pm LUNCH TIME            1:00pm Dual Choice Program            Mental Health presentation with Amesha</p>	<p>20.            AMF Bowling            11:00 am-1:00 pm            4717 St Barnabas Rd,            Temple Hills, MD 20748            (Boxed Lunch will be provided)</p>	<p>21.            Roses + Shops at Iverson            10:00am-2:00pm            3737 Branch Avenue            Hillcrest Heights, MD 20748            (Boxed Lunch will be provided)</p>
	<p>24.            10:00am Coffee Hour            11:00am Arts for Aging Close-Up Collage w/ Jackie and Jason            12:00pm LUNCH TIME            1:00pm Bingo</p>	<p>25.            10:00am Oldies Music            11:00am Oldies Music            12:00pm LUNCH TIME            1:00pm Spirit Club Fitness w/ Prince</p>	<p>26.            Jumbo Foods            10:00 am-11:30 am            3102 Brinkley Rd            Temple Hills MD            12:00pm LUNCH TIME at site            1:00pm Bingo</p>	<p>27.            Prom Day            10:00am Teatime            11:00am Chat Time            12:00pm LUNCH TIME            1:00pm Card Games            Transportation at 3:30pm</p>	<p>28.  </p>

<p><b>SENIOR PROM Thursday</b>  <b>July 27<sup>th</sup></b>  <b>4pm-8pm</b>  <b>St. Luke's Catholic Church</b>  <b>4923 E. Capitol St SE</b>  <b>Washington DC 20019</b></p>	<p>31.  <b>10:00am Teatime</b>  <b>11:00am Arts for Aging Close-Up Collage w/ Jackie and Jason</b>  <b>12:00pm LUNCH TIME</b>  <b>1:00pm Nutrition Education w/ Ms. Minor</b></p>	 <p><b>NATIONAL  MINORITY MENTAL HEALTH  AWARENESS MONTH</b></p>	 <p><b>UV SAFETY AWARENESS MONTH</b></p>		 <p>July 2021  <b>JULY IS  SARCOMA &amp;  BONE CANCER</b>  Awareness Month  St. Luke's  CANCER CENTER</p>
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*Part of the Senior Services Network – Supported by the Department of Aging and Community Living.*