
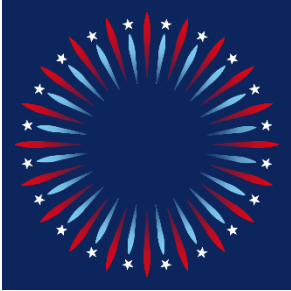








EOTR Friendship Café/Arthur Capper July Activity Calendar 2024
1000 5th ST SE Washington, DC 20020
Recreation Coordinator Vivian Abdullah 301-580-0271



	Monday	Tuesday	Wednesday	Thursday	Friday
 	1. 10am- Greet & Meet 11am- T.V. Game Show 12pm-Lunch 1pm- Connect Four	2. 10am- Greet & Meet 11am-Tech Express Library 12pm-Lunch/Nutrition Ed w/Ms.Minor 1pm- Scrabble	3. 10am- Greet & Meet 11am-Open Games 12pm-Lunch 1pm-Trivia * Box Lunches will be provided due to the site being closed Friday 7/5/2024.	4. CLOSED 	5. <u>CLOSED</u>
	8. 10am- Social Hour 11am- Fitness w/Rodney 12pm-Lunch 1pm-Music Hour	9. 10am- Greet & Meet 11am-Pictures/Music 12pm- Lunch 1pm- Concentration Game	10. BOWLING Marlow Heights Lane 4717 St. Barnabas Rd Temple Hills, MD 10am-12:30pm 10am-Social Hour 11am- Monopoly/ Group 12pm-Lunch 1pm-Music Hour	11. 10am-Greet & Meet 10:30- Bingo 11:30am- Music 12pm-Lunch 1pm-Movie Hour	12. 10am- Greet & Me 11am- T.V. Hour 12pm- Lunch 1pm- Coloring
	15. 10am- Social Hour 10:30 to 12pm- Group Mental Health Session w/Patrick Crawford 12pm-Lunch 1pm- Music Hour	16. DPR-Edgewood Rooftop 10am-12:30pm 301 Franklin St. NE WDC 10am- Greet & Meet 11am- Table Games/ Checkers 12pm-Lunch 1pm- Table Maze	17. 10am- Greet & Meet/Health Wellness 11am- Open Discussion 12pm-Lunch 1pm- T.V. Shows	18. 10am- Greet & Meet 11am- T.V. Game Show 12pm-Lunch 1pm- Art Hour/ Painting	19. 10am- Greet & Meet 10:30 to 12pm- Group Mental Health Session w/Patrick Crawford 11am- Movie Hour 12pm-Lunch 1pm- Concentration

	<p>22. 10am- Greet & Meet 11am- Fitness w/ Rodney 12pm-Lunch/Nutrition Ed w/Ms.Minor 1pm- Arts & Craft</p>	<p>23. 10am- Greet & Meet 11am- Games/ Group 12pm-Lunch 1pm-Singing Songs/ (Oldies & Goodies)</p>	<p>24. 10am-Social Hour 11am-Open Discussion 12pm-Lunch 1pm- Table Coloring</p>	<p>25. 10am- Greet & Meet 10:30am- Bingo 11:30am- Music 12pm-Lunch 1pm- Beanbag Contest</p>	<p>26. Central Union (BINGO) 3184 Bladensburg Road, NE Washington, DC 9am-1pm 10am- Greet & Meet 11am- Checkers 12pm-Lunch 1pm- BIRTHDAY CELEBRATION</p>
	<p>29. 10am-Social Hour 11am-Chair Yoga 11:30am- SNAP Ed w/Ms.Lockett 12pm-Lunch 1pm-Movie Hour</p>	<p>30. 10am-Greet&Meet 11am-Dominos 12pm-Lunch 1pm-Music Hour</p>	<p>31. 10am-Social Hour 11am-Maze/Table Games 12pm-Lunch 1pm-Word Search</p>		

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.