



EOTR Friendship Café/Arthur Capper June Activity Calendar 2024
1000 5th ST SE Washington, DC 20020
Recreation Coordinator Vivian Abdullah 301-580-0271



| | Monday | Tuesday | Wednesday | Thursday | Friday |
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| | <p>3.</p> <p>10am- Greet & Meet 11am- T.V. Game Show 12pm-Lunch 1pm- Connect Four</p> | <p>4.</p> <p>10am- Greet & Meet 11am- Arts for Aging 12pm-Lunch 1pm- Scrabble</p> | <p>5.</p> <p>ROSES 10am-12:30pm 3737 Branch Ave. Temple Hills, MD</p> <p>10am- Greet & Meet 11am- Beanbag 12pm-LUNCH 1pm-Trivia</p> | <p>6.</p> <p>10am-Social Hour 11am-Chair Yoga 12pm-Lunch 1pm-Domino Game</p> | <p>7.</p> <p>10am- Greet & Meet 11am- Tech Express Library 12pm-Lunch 1pm- Word Search</p> |
| | <p>10.</p> <p>10am- Social Hour 11am- Fitness w/Rodney 12pm-Lunch 1pm-Music Hour</p> | <p>11.</p> <p>10am- Greet & Meet 11am- Flag Day Pictures/Music 12pm-Lunch w/Ms. Minor 1pm- Concentration Game</p> | <p>12.</p> <p>10am-Social Hour 11am-Painting w/Instructor Rain Young (Theme: Juneteenth) 12pm-Lunch 1pm-Music Hour</p> | <p>13.</p> <p>10am-Greet & Meet 10:30- Bingo 11:30am- SNAP Ed w Ms. Lockett 12pm-Lunch 1pm- Flag Day/ Painting</p> | <p>14.</p> <p>GOLDEN CORAL 10am-12:30pm 1001 Shoppers Way Largo, MD</p> <p>10am- Greet & Me 11am- Father's Day Cards 12pm- Lunch 1pm- Coloring</p> |
| | <p>17.</p> <p>10am- Social Hour 11am- Movie Hour 12pm-Lunch 1pm- Music Hour (Black Music Month)</p> | <p>18.</p> <p>10am- Greet & Meet 10:30am- Safety Chat w/ Officer Flash 11am- Table Games/ Checkers 12pm-Lunch 1pm- Table Maze</p> | <p>19. CLOSED</p> | <p>20.</p> <p>10am- Greet & Meet 11am- T.V. Game Show 12pm-Lunch/ Nutrition Education w/ Ms. Minor 1pm- Art Hour/ Painting Silver Pride: Joy in Justice 4:00pm-7:30pm 702 8th ST NW, WDC 20068</p> | <p>21.</p> <p>U.S. National Arboretum 10am-12:30pm 3501 New York Ave. NE Wash, D.C.</p> <p>10am- Greet & Meet 11am- Movie Hour 12pm-Lunch 1pm- Concentration</p> |

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| | <p>24. 10am- Greet & Meet 11am- Fitness w/ Rodney 12pm-Lunch 1pm- Arts & Craft</p> | <p>25. Senior Symposium 9am -1pm Ballou High School 3401 4th ST SE Washington, DC 20032</p> | <p>26. 10am-Social Hour 11am- Chair Yoga 12pm-Lunch 1pm- Table Coloring</p> | <p>27. 10am- Greet & Meet 10:30am- Bingo 11:30am- Music 12pm-Lunch 1pm- Beanbag Contest</p> | <p>28. 10am- Greet & Meet 10:30am-12:00pm Mental Health Session w/Dr. Crawford 11am- Checkers 12pm-Lunch 1pm-Birthday/ Juneteenth Celebration</p> |
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Part of the Senior Services Network – Supported by the Department of Aging and Community Living.