

# June 2023 Activity Calendar

# EOTR Deaf and Hard of Hearing Program 4301 9th St SE Washington, DC 20032 Rose Ansara, Program Director 202-744-9649 Michele Kinsey, Community Dining Site Supervisor 202-571-8351



	Monday	Tuesday	Wednesday	Thursday	Friday
DHH ZOOM Meeting ID: 930 6671 5552  CALL IN # 301-715-8592  Happy Birthday to everyone with birthdays this month!	June Observances:  • Juneteenth  • Pride Month  • Men's Mental Health Awareness Month  • Alzheimer's Awareness Month  • Immigrant Heritage Month	PR/DE MONTH	Chappy Shappy Sh	1. 10:00am ASL Education: Food signs *in-person*  11:00am Café Movie Showing: The Mother  *Lunch and popcorn available in-person*  *10 spots available, call Ms. Michele to reserve a spot!*	2. 10:00am Dance workout on Zoom 930 6671 5552  11:00am Painting canvases with Ms. Michele *in-person*  12:00 LUNCH TIME  1:00pm Play Family Feud *in- person*  *10 spots available in person, call Ms. Michele to reserve a spot!*
	5. 10:00am Meditation on Zoom 930 6671 5552	6. 10:00am Positive Mindset Conversations on Zoom 930 6671 5552	7. 10:00 am ASL Education: Summer signs *in-person*	8. 10:00am Arm workout on ZOOM 930 6671 5552	9. 9:30am-2:00pm Nutrition Education trip to USDA Market with Ms. Minor!
A Ms. Minor Message:	11:00am Scrapbooking class #1 with Ms. Michele *in-person*	11:00am Paint Birdhouses with Ms. Michele *in-person*	11:00am Spirit Club Fitness *in- person*	11:00am-2:00pm Café Movie Showing: I Wanna Dance with Somebody	Address: 14 <sup>th</sup> St SW Washington, DC 20250
<del></del>	12:00pm LUNCH TIME	12:00pm LUNCH TIME	12:00pm LUNCH TIME	*Lunch and popcorn available	*A box lunch will be provided*
PLEASE bring a water bottle for trips!	1:00pm Play Board games *in- person*	1:00pm Hip- Hop Dance workout video *in-person*	1:00pm Plant flower seeds in pots *in-person*	in-person*  *10 spots available, call Ms.	Please arrive on site at 9:20 am so we can leave at 9:30am!
	*10 spots available, call Ms. Michele to reserve a spot!*	*10 spots available, call Ms. Michele to reserve a spot!*	*10 spots available, call Ms. Michele to reserve a spot!*	Michele to reserve a spot!*	*12 spots available, call Ms. Michele to reserve a spot!*

### **Save the Date:**

#### **ERFSC Senior Prom**

When: Thursday, July 27 4:00-8:00pm Where: St. Luke's Center 4923 East Capitol St SE Washington, DC 20019

Donations are strongly encouraged for this event! Please reach out to Rose if you would like to be signed up for the prom. More information coming soon!



#### 12. Jazz dance class on ZOOM 930 6671 5552

11:00am-2:00pm Café Movie Showing: A Man Called Otto

\*Lunch and popcorn available inperson\*

\*10 spots available, call Ms. Michele to reserve a spot!\*

## 10:00am-2:00pm Trip to 2<sup>nd</sup> Ave Thrift Superstore

Address: 201 Fort Meade Rd Laurel, MD 20707

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\*12 spots available, call Ms. Michele to reserve a spot!\*

\*A box lunch will be provided\*

\*Please arrive on site at 9:45am so we can leave at 10:00am!\*

#### 14. 10:00am Juneteenth "Freedom at Last" Video \*in-person\*

11:00am Spirit Club Fitness \*inperson\*

12:00pm LUNCH TIME

1:00pm Technology Tutorial: Learning how to use Google Part 2: Gmail and Drive

\*10 spots Please call Ms. Michele to reserve a spot!\*

15. 10:00am-12:00pm Crocheting Class #1 Beginner Level with Ms. Deborah \*in-person\*

12:00pm LUNCH TIME

1:00pm Red table talk- discuss what Juneteenth means to you.

\*10 spots available- please call Ms. Michele to reserve a spot!\* 16. 10:00am Neck and shoulders exercise on ZOOM 930 6671 5552

11:00am Scrapbooking Class #2 with Ms. Michele \*in-person\*

12:00pm LUNCH TIME

\*10 spots available- Please call Ms. Michele to reserve your spot!

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# HAPPY JUNETEENTH DHH SITE IS CLOSED



20. 10:00am-2:00pm Transportation Outreach Flash Tables with DACL! \*onsite, in person\*

\*Lunch is provided\*

Address: 4301 9th St SE Washington, DC 20032

There will be vendors and programs that will be providing resources and information about transportation options to use in DC.

\*12 spots available, call Ms. Michele to reserve a spot!\*

21.

10:00am Technology tutorial: Learning how to use Google part 3: privacy settings

11:00am Spirit Club Fitness \*inperson\*

12:00pm LUNCH TIME

1:00pm Chew and Pictonary on white broad \*in-person\*

\*10 spots available, call Ms. Michele to reserve a spot!\* . . . . .

10:00am ASL Education: Exercising Signs \*in-person\*

11:00am -2:00pm Café Movie Showing: Where the Crawdads Sing

\*Lunch and popcorn provided \*in-person\*

\*10 spots available, call Ms. Michele to reserve a spots! 12

8:30am-2:00pm Trip to Central
Union Mission Church

Address: 3194 Bladensburg Rd NE Suite B Washington, DC 20018

\*A box lunch will be provided\*

\*Please arrive at 8:20 am so we can leave at 8:30am!\*

\*12 spots available, call Ms. Michele to reserve a spots!\*

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10:00am Yoga on ZOOM 930 6671 5552

11:00am Nutrition Education with Ms. Minor \*in-person\*

12:00pm LUNCH TIME

1:00pm Listen to afternoon Classic Soul Music 70's and 80's

\*10 spots available, call Ms. Michele to reserve a spots!

'. !:00am Rack stretch

10:00am Back stretches on Zoom 930 6671 5552

11:00am EMS Safety Presentation with Ms. Pat Everett and DC firefighters \*inperson\*.

12:00pm LUNCH TIME

1:00pm Technology Tutorial: Learn how to have more storage on your phone \*in-person\*

\*10 spots available, call Ms. Michele to reserve a spot!\*

28.

10:00am ASL Education: Store signs \*in-person\* 11:00am-2:00pm Café Movie Showing: Persuasion \*Lunch and popcorn available inperson\* \*10 spots available, call Ms.

Michele to reserve a spot!\*

Mayor Muriel Bowser Senior Symposium TBD: 9:00am - 3:00pm Ballou High School 3401 4th Street SE 29.

22.

10:00am-12:00pm Crocheting Class #2 Beginner Level with Ms. Deborah \*in-person\*

12:00pm LUNCH TIME

1:00pm Round table talk: Talks about sexuality and health with a licensed therapist \*in-person\*

\*10 spots available, please call Ms. Michele to reserve a spot!\* 30.

10:00 am-2:00 pm Trip to Martha's

Address: 2375 Elvans Rd SE Washington, DC 20020

\*A box lunch will be provided\*

Please arrive on site at 9:45 am so we can leave at 10:00am!

\*12 spots available, call Ms. Michele to reserve a spots!\*