












**EOTR Harvard Towers FRIENDSHIP CAFÉ**

**Vacant, Outreach/Partnership Rec. Coordinator**  
**202-845-3378**  
**Edith Hampleton, Nutrition Aide**  
**Delores Ford, Recreation Coordinator**

**August 2024**



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1. 	2. 10:00am- 11:00-Coffee&Tea 11:00am- 12:00-Bingo 12:00pm- 1:00-Lunch 1:30-2:00-Oldies Music	3. 
5. <b>Group Counseling session with Dr. Crawford 10:30am-12:00pm</b>	6. <b>Lidl's Grocery Store 8601 Baltimore Ave. College Park, MD 10:00am~2:00pm</b>	7. 10:00am- 11:00-Coffee&Tea 11:00-12:00-Beanbag toss & ring toss 12:00pm- 1:00-Lunch 1:00-2:00-Cards Spades, Tunk	8. 10:00am- 11:00-Coffee&Tea 10:00-Cognitive games 11:00-12:00 Bean bag toss 12:00- 1:00-Lunch 1:00-2:00pm-Jam Time	9. 10:00am- 11:00-Coffee&Tea 10:30- 12:00-Bingo 12:00pm- 1:00 Lunch 1:00-2:00pm-Word search	10. 
12. 10:00am- 10:30-Coffee&Tea 10:30am- 11:00-Virtual Fitness 11:00 – 12:00- LUNCH 12:00pm- 1:00pm- Name that tune/ Board games 1:00pm-2pm- Arts & Crafts	13. 10:00am- 11:00-Coffee&Tea 11:00- 12:00-Walk to Malcom X Park 12:00pm- 1:00-Lunch 1:00-2:00- Cards Spades,Scrabble Connect four	14. 10:00- 10:30- Coffee/ tea time 10:30- 11:00pm- Hot topic/ current events 11:00- 12:00- LUNCH 12:00pm- 1:00pm-Table games <b>1:00am-2:00pm- Spirit Club in person fitness</b>	15. <b>Amish Market 9701 Fort Meade Laurel Md 10:00am-2:00pm</b>	16. 10:00am- 11:00-Coffee&Tea 11:00am- 11:30-Virtual Fitness 11:30pm-12:00-Bean Bag Toss, puzzles, Uno 12:00- 1:00-Lunch 1:00pm-2:00-Music Oldies but Goodies	17. 
19. 10:00am- 10:30-Coffee&Tea 10:30- 11:00- Arts & Crafts 11:00am- 12:00-LUNCH <b>12:00pm- 1:00-Chef Demonstrations</b> 1:00pm-2:00-Word Search/ Brain games	20. <b>Walmart 8745 Branch Ave. Clinton MD 10:00am-2:00Pm</b>	21. 10:00- 10:30- Coffee/ tea time 10:30- 11:00pm- Hot topic/ current events 11:00- 12:00- LUNCH 12:00pm- 1:00pm-Table games <b>1:00am-2:00-Spirit club in person conversation</b>	22. 10:00am- 11:00-Coffee&Tea 11:00am- 12:00-Arts&Crafts 12:00pm- 1:00-Lunch 1:00-2:00- game day/ Tic,Tik,Toe, Ches	23. <b>Smithsonian American Art Museum G Street NW &amp; 8th Street NW 10:00am-2:00pm</b>	24. 

<p><b>26.</b></p> <p>10:00am-11:00Coffee&amp;Tea  11:00-12:00-Trivia Pursit  12:00pm-1:00-Lunch  1:00-2:00-Ring Toss/  interactive games</p>	<p><b>27.</b></p> <p><b>American Indian  Musem  4<sup>th</sup> Street SW  10:00am~2:00pm</b></p>	<p><b>28.</b></p> <p>10:00am-11:00-Coffee&amp;Tea  11:00am-11:30-Virtual Fitness  11:30-12:00-Cards,Spades,  12:00-1:00-Lunch  1:00-2:00-Card game/Spades</p>	<p><b>29.</b></p> <p>10:00am-11:00-Coffee&amp;Tea  <b>11:00am-12:00pm-  Presentation: HIPS HIV  Education</b>  12:00pm-1:00-Lunch  1:00pm-2:00-Listen to Music/  &amp; play name that tune</p>	<p><b>30</b></p> <p>10:00am-11:00-Coffee&amp;Tea  11:00am-12:00-Finish  Erasel paintings  12:00-1:00-Lunch  1:00pm-2:00-Table crafts</p>	<p><b>31.</b></p> 

*Part of the Senior Services Network— Supported by the Department of Aging and Community Living*