

EOTR Friendship Café/Kenilworth 4321 Ord ST SE, Washington, DC 20020

April Activity Calendar 2024



Empowering families,	Monday	Tuesday	Wednesday	Thursday	Friday
Happy April Birthdays	1. 10am-Coffee Time 11am- Walk the Block 12pm- Lunch 1pm- Music Hour	2. 10am- Coffee Time 11am- Chat Chew 12pm- Lunch 1pm- Music Hour	3. 10am- Coffee Time 11am- Walk the Block 12pm- Lunch 1pm- Bean Bag Toss	4. 10am- Coffee Time 11am- Fitness w/Rodney 12pm- Lunch 1pm- Card Games	5. National Arboretum 10am-1pm 3501 New York Ave NE WDC 10am- Coffee Time 11am- Beanbag Toss 12pm- Lunch 1pm- Music Hour
AUTISM AWARENESS	8. 10am- Coffee Time 11am- Walk the Block 12pm- Lunch 1pm- Open Discussion	9. 10am- Coffee Time 11am- Chat Chew 12pm- Lunch 1pm- Beanbag Toss	10. 10am-Coffee Time 11am- Walk the Block 12pm- Lunch 1pm- Bingo	11. 10am- Coffee Hour 11am- Fitness w/Rodney 12pm- Lunch 1pm- Open Discussion	12. 10am- Coffee Time 11am- Brain Games 12pm- Lunch 1pm- Bean Bag Toss
April is ORAL CANCER AWARENESS MONTH	15. 10am- Coffee Time 11am- Walk the Block 12pm- Lunch 1pm- Nutrition Education w/Ms.Minor	Emancipation Day CLOSED	17. 10am- Coffee Time 11am -Bean bag Tosss 12pm- Lunch 1pm- Health Discussion	18. 10am- Coffee Time 11am- Fitness w/Rodney 12pm- Lunch 1pm- Open Discussion	19. Publick Playhouse/The Dallas Black Dancer 9:30am-12pm 5445 Landover Md 20781 10am- Coffee Time 11am- Music Hour 12pm- Lunch 1pm- Music Hour

April is STRESS AWARENESS MONTH	22. 10am- Coffee Time 11am- Walk the Block 12pm- Lunch 1pm- Nutrition Education w/Ms.Minor	23. 10am- Coffee Time 11am- Bingo 12pm- Lunch 1pm- Music Hour	Senior Forum 10am-2pm 4923 East Capitol ST SE 10am- Coffee Time 11am- Chair Yoga 12pm- Lunch 1pm- Beanbag Toss	25. 10am- Coffee Time 11am- Fitness w/Rodney 12pm- Lunch 1pm- Crossword Puzzles	Martha Table 10am-12pm 2375 Elvans Rd SE WDC 10am-Coffee Time 11am-Card Game 12pm- Lunch 1pm- Music Hour
	29.	30.			
	10am- Coffee Time	10am-Coffee Time			
	11am- Walk the Block	11am- Brain Games			
	12pm- Lunch	12pm- Lunch			
	1pm- Music Hour	1pm- Bingo			

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.