







	Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>Happy Birthday to all clients celebrating this month!!!</b></p> 		1. 10:00am YouTube Fitness 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Bean bag toss	2. <b>10:00am Coffee Talk</b> <b>11:00am Card Games</b> <b>12:00pm LUNCH TIME</b> <b>1:00pm Movie Time</b>	3. <b>10:00am Table Talk</b> <b>10:30- Card games</b> <b>11:30am In Person Fitness w/ Rodney</b> <b>12:00pm LUNCH TIME</b> <b>1:00pm : Bingo</b>	4. 10:00am: Coffee Talk 11:00am: Youtube Fitness 11:30: Ice Cream Jubilee <b>12:00pm Box LUNCH TIME</b> 1:00pm	
		7. 10am- Art Crafts 11:00am- Youtube Fitness 12:00pm- Lunch <b>1:00pm- Nutriton Education with Ms. Minor</b>	8. <b>Martha Table</b> <b>10am-11:30pm</b> <b>2375 Elvans Rd SE</b> 12:00pm- Lunch 1:00pm- Leisure Walk	9. <b>10:00am YouTube Fitness</b> <b>11:00am Card Games</b> <b>12:00pm LUNCH TIME</b> <b>1:00pm Card Games</b>	10. 10:00am Table Talk <b>11:30am In Person Fitness w/ Rodney</b> 12:00pm LUNCH TIME 1:00pm : Bingo	11. <b>Family and Friends Day</b>
		14. 10am- Tea/Coffee Time 11:00am- Self Care Ms. Robinson 12:00pm- Lunch 1:00pm: Puzzles	15. 10am-Card Games 11:00am-Word Games 12:00pm- Lunch 1:00Pm- Bean bag toss	16. <b>10:00am YouTube Fitness</b> <b>11:00am Card Games</b> <b>12:00pm LUNCH TIME</b> <b>1:00pm Bingo</b>	17. <b>Community Dining Site Closed</b>	18. 10am- Tea/Coffee Time 10:30am- Youtube Fitness 11am: Card Games 12:00pm- Lunch 1:00pm- Movie
		21. 10am- Art Crafts 11:00am- Youtube Fitness 12:00pm- Lunch <b>1:00pm- Nutriton Education with Ms. Minor</b>	22. 10am- Youtube Fitness <b>11:00am- Card Games</b> 12:00pm- Lunch 1:00pm: Arts and Crafts	23. 10am- Table Talk 11:00am- Fitness 12:00pm- Lunch <b>1:00pm- Dual Choice Program/ Amesha Green</b>	24. 10am- Coffee Talk 10:30am-Card Games 11:30am- Fitness with Rodney 12:00pm- Lunch 1:00pm- Movie	25. 10am- Coffee Time 11am: Card Games 12pm- Lunch 1pm : Music Time

	<p>28.  10am- Youtube Fitness  11:00am-Chat and Chew  12:00pm- Lunch  1:00pm-Card game</p>	<p>29.  10am- Youtube Fitness  11:00am- Card Games  12:00pm- Lunch  1:00pm: Bean Bag Toss</p>	<p>30.  10am- Youtube Fitness  11:00am- Card Games  12:00pm- Lunch  1:00pm: Word Search</p>	<p>31.  10am- Table Talk  10: 30am-Card Games  11:30am-Fitness with Rodney  12:00pm- Lunch  1:00pm-Arts and Crafts</p>	
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*Part of the Senior Services Network – Supported by the Department of Aging and Community Living.*