




EOTR Friendship Café/Kenilworth
4321 Ord ST SE, Washington, DC 20020
Recreation Coordinator Linda Mahoney 202- 904-4618

December Activity Calendar 2023



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Happy Holidays</p> <p>Happy December Birthdays!</p>		<p>HIV AIDS AWARENESS MONTH</p>	<p>DECEMBER SEASONAL DEPRESSION AWARENESS MONTH</p>		1. 10:00am- Coffee/ Fitness time 11:00am- Christmas Tree Trimming 12:00pm-Lunch 1:00pm- Name Gift Exchange
	4. 10am- Coffee / Fitness 11am- Close-up Collage w/Jason Harowitz 12pm- Lunch 1pm -Beanbag Toss	5. 9:30 am- Coffee/Teatime 11:00am- Fitness Hour 12:00pm-Lunch 1:00pm- Open Game	6. 10:00 am Coffee / Teatime Fitness Hour 11:00 Martha Table 2375 Elvan Rd SE WDC 20020	7. 10am- Coffee/Teatime 11:30am- Fitness w/Rodney 12pm- Lunch 1pm- Game show	8. 10:00am- Coffee / Teatime 11:00am- Card Game 12:00pm-Lunch 1:00pm- Game Shows
	11. 10am- Coffee / Fitness 11am- Close-up Collage w/Jason Harowitz 12pm- Lunch 1:00pm- Nutrition Education w/Ms. Minor	12. 10:00am- Coffee/ Teatime 11:00am- Fitness Eugene 12:00pm-Lunch 1:00pm- Card Games	13. 25th Annual Mayor's Senior Holiday Celebration 10am-2pm 2001 East ST SE, Washington, DC	14. 10am- Coffee / Teatime 11:30am- Fitness w/Rodney 12pm- Lunch 1pm – Game Show	15. 10:00am- Coffee / Teatime 11:00am- Eugene Fitness 12:00pm- Lunch 1:00pm- Bean Bag Toss

<p>Kindness is always fashionable, and always welcome.”— Amelia</p>	<p>18. 10:00am- Coffee/Teatime 11:00am- Fitness Metro Sprit 12:00pm-Lunch 1:00pm -Nutrition Education w/Ms. Minor</p>	<p>19. 10am- Coffee / Fitness Metro Spirit 11am- Word Search 12pm- Lunch 1pm- Bean Bag Toss</p>	<p>20. 10:00am- Coffee/ Teatime 11:00am- Fitness Eugene 12:00pm-Lunch 1:00pm Bingo</p>	<p>21. 10am- Coffee Time 11:30am- Fitness w/Rodney 12pm- Lunch 1pm Music Hour</p>	<p>22. Martha Table 10am-11:30am 2375 Elvan Rd SE WDC 20020 12:00pm-Lunch 1:00pm- Christmas Party</p>
	<p>25. </p>	<p>26. 10:00am- Coffee/Teatime 11:00am- Open Game 12:00pm-Lunch 1:00pm Music Hour</p>	<p>27. 10:00am- Coffee / Teatime 11:00am- Fitness Metro Sprit 12:00pm-Lunch 1:00pm Games Show</p>	<p>28. 10am- Coffee/ Teatime 11:30am- Fitness w/Rodney 12pm-Lunch 1pm- Music Hour</p>	<p>29. Dutch Market 10:00am-12pm 5030 Brown Station Rd Upper Marlboro Maryland 20772 12:00pm-Lunch 1:00pm New Years Day Watch</p>

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.