



EOTR Kenilworth Friendship Café
 4321 Ord Street N.E. Washington DC 20019
 Community Dining Site Supervisor
 Marie Segears 202-744-9157

July 2023
Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Happy Birthday to all clients celebrating this month!!!</p>  <p>Register for Senior Prom: Sunset Serenade by July 17th with your Dining Site Supervisor. Donation of \$20 requested.</p> <p>SENIOR PROM Thursday July 27th 4pm-8pm St. Luke's Catholic Church 4923 E. Capitol St SE Washington DC 20019</p>	<p>3. 10:00am Table Tapas 11:00am YouTube Fitness 12:00pm LUNCH TIME 1:00pm Bean Bag Toss</p>	<p>4.  Happy Fourth of July <small>Our office will be closed July 4th in observance of Independence Day.</small></p>	<p>5. 10:00am Coffee Talk 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Senior Medicare Patrol – Medicare BINGO</p>	<p>6. 10:00am Table Talk 11:30am In Person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Card Games</p>	<p>7. 10:00am YouTube Fitness 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Movie</p>
	<p>10. 10:00am YouTube Fitness 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Nutrition Education w/ Ms. Minor</p>	<p>11. 10:00am YouTube Fitness 11:00am DC Central Kitchen cooking DEMO 12:00pm LUNCH TIME 1:00pm Word Search</p>	<p>12. 10:00am YouTube Fitness 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Who's Who game</p>	<p>13. 10:00am Music Time 11:30am In Person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Card Games</p>	<p>14. 10:00am Coffee Talk 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Music Time</p>
	<p>17. 10:00am YouTube Fitness 1:00pm Dual Choice Program Mental Health presentation with Amesha 12:00pm LUNCH TIME 1:00pm Music Appreciation</p>	<p>18. 10:00am YouTube Fitness 11:00am BINGO 12:00pm LUNCH TIME 1:00pm Puzzles</p>	<p>19. 10:00am YouTube Fitness 11:00am Legal Counsel – In person Ombudsman Office w/ Kimberly 12:00pm LUNCH TIME 1:00pm TV Games</p>	<p>20. 10:00am Card Games 11:30am In Person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Arts & Crafts</p>	<p>21. Golden Corral 11:00am-1:30pm 1001 Shoppers Way Largo, MD 20774 (Boxed Lunch will be provided)</p>
	<p>24. 10:00am Chat & Chew 11:00am YouTube Fitness 12:00pm LUNCH TIME 1:00pm Nutrition Education w/ Ms. Minor</p>	<p>25. 10:00am YouTube Fitness 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Arts & Crafts</p>	<p>26. Martha's Table Commons 10:30am-2:00pm 2375 Elvans Rd SE Washington, DC 20020 (Boxed Lunch will be provided)</p>	<p>27. Prom Day 10:00am Table Topics 11:30am In Person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Bean Bag Toss</p>	<p>28. </p>
	<p>31. 10:00am YouTube Fitness 11:00am Chat & Chew 12:00pm LUNCH TIME 1:00pm Bean Bag Toss</p>	<p>NATIONAL MINORITY MENTAL HEALTH AWARENESS MONTH </p>	<p>UV SAFETY AWARENESS MONTH </p>	<p>PLASTIC FREE JULY </p>	<p>JULY 15 SARCOMA & BONE CANCER </p>

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.