







EOTR Friendship Café/Kenilworth
4321 Ord ST NE, Washington, DC 20019
Recreation Coordinator Linda Mahoney 202- 904-4618

July Activity Calendar 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
  	1. 10am-Tea/Coffee Hour 11am-Walk the block 12pm- Lunch Time 1pm- Music Hour	2. 10am- Tea/ Coffee Hour 11am- Fitness W/ U Tube 12pm-Lunch Time 1pm- Bean Bag Toss	3. Motown Family Reunion 10am-12:30pm Anacostia Arts Center 1231 Barry AVE SE WCD 20020 10am –Tea/Coffee Hour 11am- Fitness YouTube 12pm- Lunch 1pm -Card Games * Box Lunches will be provided due to the site being closed Friday 7/5/2024.	4. CLOSED 	5. <u>CLOSED</u>
	8. 10am- Tea/Coffee Hour 11am- Walk the block 12pm-Lunch Time 1pm- Nutrition Education w/Ms.Minor	9. 10am- Tea/Coffee Hour 11am- Fitness w/ U Tube. 12pm-Lunch Time 1pm	10. 10am-Tea/Coffee Hour 10:30 to 12pm-Group Mental Health Session w/Patrick Crawford 12pm- Lunch Time 1pm- AARP Medical Patrol	11. 10am- Tea/ Coffee Hour 11am-Fitness w/Rodney 12pm-Lunch Time 1pm- Food Matter W/Brogan Madden	12. Super Walmart 10am-12pm 6303 Richmond Hwy Alexandria VA 22030 10am- Tea /Coffee Hour 11am- Fitness w/ U Tube 12pm-Lunch Time 1pm- Bingo



	<p>15. 10am-Tea/ Coffee Hour 11am- Walking the block 12pm-Lunch Time 1pm- Card Game</p>	<p>16. 10am-Tea/Coffee Hour 11am- Fitness w/ U Tube 12pm-Lunch Time 1pm-Family Feud Game</p>	<p>17. 10am- Tea / Coffee Hour 11am- Fitness w/ U Tube 12pm-Lunch Time 1pm- Card Game</p>	<p>18. 10am- Tea/Coffee Hour 11am-Fitness w/Rodney 12pm-Lunch Time 1pm-Movie Hour</p>	<p>19. 10am- Tea /Coffee Hour 11am- Fitness w/ U Tube 12pm-Lunch Time 1pm-Bingo</p>
	<p>22. 10am- Tea /Coffee Hour 11am-Walk the block 12pm-Lunch Time 1pm- Card Game</p>	<p>23. 10am- Tea / Coffee Hour 11am- Fitness w / U Tube 12pm-Lunch Time 1pm-Bean Bag Toss</p>	<p>24. 10am- Tea /Coffee Hour 11am- Family First Life W/ Brain Brisco 12pm-Lunch Time 1pm- Music Hour</p>	<p>25. 10am- Tea /Coffee Hour 11am-Fitness w/Rodney 12pm- Lunch Time 1pm- Music Hour</p>	<p>26. 10am- Tea/ Coffee Hour 11am- Walk the Block 12pm-Lunch Time 1pm-Movie Hour</p>
	<p>29. 10am- Tea / Coffee Hour 10:30 to 12pm- Group Mental Health Session w/Patrick Crawford 12pm- Lunch Time 1pm- Nutrition Education w/Ms.Minor</p>	<p>30. Martha Table 10am-12pm 2375 Elvan Rd SE WDC 20020 10am- Tea /Coffee Hour 11am- Open Games 12pm Lunch Time 1pm- Music Hour</p>	<p>31. 10am- Tea / Coffee Hour 11am- Fitness w/ U Tube 12pm- Lunch Time 1pm- Family Feud</p>		

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.