

## EOTR Friendship Café/Kenilworth June Activity Calendar 2024 4321 Ord ST NE, Washington, DC 20020 Recreation Coordinator Linda Mahoney 202- 904-4618



	Monday	Tuesday	Wednesday	Thursday	Friday
hello	3. 10am-Tea/Coffee Hour 11am-Arts for the Aging 12pm- Lunch 1pm- Beanbag Toss	4. 10am-Coffee Hour 11am-Card Games 12pm-Lunch 1pm- Oldies and Goodies	5. 10am-Tea/Coffee Time 10:30am-12:00pm Mental Health Session w/Dr. Crawford 12pm- Lunch 1pm- LGBTQ Movie	6. 10am-Coffee Hour 11am-Fitness w/Rodney 12pm-Lunch 1pm- Presenter w/ Food Matter	7.  Olive Gardens 10:30am- 1:30pm 1681 Ritchie Station CT Capitol Heights Md 20743  10am-Coffee Hour 11am-Brain Games 12pm-Lunch 1pm- Music Hour
PTSD AWARENESS MONTH	10. 10am- Coffee Time/News Discussion 11am-Walking 12pm-Lunch 1pm-Nutrition Education w/Ms. Minor	11. 10am- Coffee Soiree 11am-Bean bag Toss 12pm-Lunch 1pm- Brain Games	12. 10am-Tea/Coffee Hour 11am -Discussion on LGBTQ Resources 12pm- Lunch 1pm- Beanbag Toss	13. 10am- Coffee Hour 11am-Fitness w/Rodney 12pm-Lunch 1pm-Oldies and Goodies	14. Family Friends and Funday 12:30pm-2pm  10am-Coffee Hour 11am-Card Games 12pm-Lunch 1pm- Oldies and Goodies
JUNE IS ALZHEIMER'S & BRAIN Awareness Month	17. 10am- Current News Talk 11am- Walking the neighborhood 12pm-Lunch 1pm-Beanbag Toss	18. 10am-Tea/Coffee Time 11am-Painting w/ Instructor Rain Young (Theme: Juneteenth) 12pm-Lunch 1pm-Family Feud	19. CLOSED  HONORING FREEDOM DAY	20. Silver Pride: Joy in Justice 4:30pm-8:30pm 702 8th ST NW, WDC 20068  10am-Coffee 11am-Fitness w/Rodney 12pm-Lunch 1pm-Movie Hour	21. Martha Table 10am-12pm 2375 Elvans Rd SE Washington , DC 20020 10am-Coffee Hour 11am-Oldies 12pm-Lunch 1pm-Bingo

HAPPY PRIDE MONTH	24. 10am- Coffee Hour 11am-Walk the Block 12pm-Lunch 1pm-Nutrition Education w/Ms. Minor	Senior Symposium 9am -1pm Ballou High School 3401 4th ST SE Washington, DC 20032	26. 10am-Coffee Hour 11am-Music Hour 12pm-Lunch 1pm- Black Music Month  BLACK MUSIC MONTH	27. 10am-Coffee Hour 11am-Fitness w/Rodney 12pm- Lunch 1pm- Arts & Crafts	28. Discount Market 10am-12pm 401 Eastern Avenue NE Seat Pleasant Md, 20743 10am- Coffee Social 11am-Community Talk 12pm-Lunch 1pm- Oldies and Goodies

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.