

	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Happy Birthday to all clients celebrating this month!!!</b></p>  <p><b>HAPPY BIRTHDAY</b></p> <p>Mask and COVID19 vaccination mandate has been lifted.</p> 	<p><b>Jazz Appreciation Month</b></p> 	<p><b>April Celebrations</b></p> <ul style="list-style-type: none"> <li>National Garden Month</li> <li>National Volunteer Month</li> <li>National Poetry Month</li> <li>Occupational Therapy Month</li> <li>Fair Housing Month</li> <li>Financial Literacy Month</li> <li>Stress Awareness Month</li> </ul>	<p><b>APRIL IS STRESS AWARENESS MONTH</b></p> 	<p><b>HAPPY EARTH DAY 2023</b></p> <p>Saturday, 22 April, 2023</p> <p>Let's take care of our earth by taking care of its ecosystem.</p> 	<p><b>CELEBRATING NATIONAL VOLUNTEER MONTH</b></p> 
	<p>3. 10:00am Current Events 11:00am In-person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Open game time</p>	<p>4. 10:00am Guess Who Game 11:00am UDC Nursing 12:00pm LUNCH TIME 1:00pm BINGO <i>UDC Nursing on-site from 10am-2pm in TV room.</i></p>	<p>5. 10:00am Connecting &amp; Coping w/ Dr Crawford on ZOOM Meeting ID: 892-1807-0710 <b>Cherry Blossom Sightseeing</b> 10:30am-2:00pm 1501 Maine Ave SW Washington DC 20024</p>	<p>6. 10:00am YouTube Fitness 11:00am DC Central Kitchen Food Demonstration 12:00pm LUNCH TIME 1:00pm Oldies &amp; Goodies</p>	<p>7. 10:00am YouTube Fitness 11:00am Nutrition Ed. w/ Ms. Minor 12:00pm LUNCH TIME 1:00pm Easter Egg Hunt</p>
	<p>10. 10:00am Coffee Time 11:00am In-person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm BINGO</p>	<p>11. 10:00am Chat &amp; Chew 11:00am UDC Nursing 12:00pm LUNCH TIME 1:00pm Happy Hour <i>UDC Nursing on-site from 10am-2pm in TV room.</i></p>	<p>12. 10:00am Connecting &amp; Coping w/ Dr Crawford on ZOOM Meeting ID: 892-1807-0710 11:00am SNAP Ed. w/ Ms. Lockett 12:00pm LUNCH TIME 1:00pm Open Game time</p>	<p>13. <b>Stop 1: Walmart Supercenter</b>  <b>Stop 2: Dutch County Farmer's Market</b> 10:30am-2:30pm</p>	<p>14. 10:00am YouTube Fitness 11:00am Word Search 12:00pm LUNCH TIME 1:00pm Game Time</p>
	<p>17. 10:00am Puzzles 11:00am In-person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Nutrition Ed. w/ Ms. Minor</p>	<p>18. 10:00am Teatime 11:00am UDC Nursing 12:00pm LUNCH TIME 1:00pm Word Search <i>UDC Nursing on-site from 10am-2pm in TV room.</i></p>	<p>19. <b>Stop 1: Roses and Foreman Mills Forestville, MD</b> <b>Stop 2: Dollar Tree - Forestville</b> 10:15am-1:30pm</p>	<p>20. 10:00am Movie 11:00am DC Fire EMS In person presentation 12:00pm LUNCH TIME 1:00pm Checkers</p>	<p>21. 10:00am YouTube Fitness 11:00am Word Search 12:00pm LUNCH TIME 1:00pm Card Games</p>
	<p>24. 10:00am TV Time 11:00am In-person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Open Game Time</p>	<p>25. 10:00am Connecting &amp; Coping w/ Dr Crawford on ZOOM Meeting ID: 892-1807-0710 11:00am Nutrition Ed. w/ Ms. Minor 12:00pm LUNCH TIME 1:00pm <i>UDC Nursing on-site from 10am-2pm in TV room.</i></p>	<p>26. 10:00am YouTube Fitness 11:00am Chat &amp; Chew 12:00pm LUNCH TIME 1:00pm Dancing</p>	<p>27. 10:00am Puzzles 10:30am Paint &amp; Sip w/ Ms. Rain 12:00pm LUNCH TIME 1:00pm TV Time</p>	<p>28. <b>Martha's Table Lobby Commons</b> 11:00am-1:00pm 2375 Elvans Rd SE Washington, DC 20020</p>