

EOTR Friendship Café/Knox Hill January 2024 Activity Calendar 2700 Jasper ST SE, Washington, DC 20020 Recreation Coordinator David Rodriguez 202-393-9619



推出 旅	Monday	Tuesday	Wednesday	Thursday	Friday
Happy January Birthday	1.CLOSED Happy New Year	2. 10am-Coffee Hour 11am – Dominos 12pm-Lunch 1pm- Movies	3. 10am-Coffee Hour 11am – Dominos 12pm-Lunch 1pm-Dancing	4. 10am-Coffee Hour 11am – Scrabble 12pm-Lunch 1pm- Nutrition Education w Ms. Minor	5. 10am-Coffee Hour 11am – Games 12pm-Lunch 1pm- Cards
January is Cervical	8. 10am-Coffee Hour 11am – Dominos 12pm-Lunch 1pm- Movies	9. 10am-Coffee Hour 11am – Music 12pm-Lunch 1pm- Scrabble	10. 10am-Coffee Hour 11am - SNAP - Ed Nutrition w/Ms. Lockett 12pm-Lunch 1pm- Word Search	11. 10am-Coffee Hour 11am – Current Events 12pm-Lunch 1pm- Arts & Crafts	12. 10am-Coffee Hour 11 am – Arts & Crafts 12pm-Lunch 1 pm- Spades
Cancer Awareness Month Fight, Support & Hope	15. CLOSED HAPPY DAY	16. 10am-Coffee Hour 11am – Dominos 12pm-Lunch 1pm-Dancing	17. 10am-Coffee Hour 11am – Cards 12pm-Lunch 1pm- Story Telling	18. 10am-Coffee Hour 11am – Crossword Puzzle 12pm-Lunch 1pm- Games	19. Dutch Farmer Market 10am -12pm 5030 Brown Station Rd, Upper Marlboro Md 20772 10am-Coffee Hour 11am – Painting 12pm-Lunch 1pm- Meditation

One small positive thought in the morning can change your whole day	22. 10am-Coffee Hour 11am – Games 12pm-Lunch 1pm-Open Discussion	23. 10am-Coffee Hour 11am – Scrabble 12pm-Lunch 1pm-Art & Craft	24. 10am-Coffee Hour 11am – Movies 12pm-Lunch 1pm- Nutrition Education w Ms. Minor	25. 10am-Coffee Hour 11am – Crossword 12pm- Lunch 1pm- Painting	26. Shoppers 10am- 12pm 4801 Marlboro Md Capitol Heights, Md 20743 10am-Coffee Hour 11am – Painting 12pm-Lunch 1pm- Meditation
	29. 10am-Coffee Hour 11am - Fitness with Rodney 12pm-Lunch 1pm- Movies	30. 10am-Coffee Hour 11am –Scrabble 12pm-Lunch 1pm- Music	31. 10am-Coffee Hour 11am – Movies 12pm-Lunch 1pm- Dancing		

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.